



# SCHULTZ SHOOTS AND SCORES

November 30, 2010 by [Nisa Martinez](#)  
Filed under [Featured](#), [Profiles](#)

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*Sophomore Amanda Schultz Shines on and off the Basketball Court*

**By KALA ABDELL**

**Staff Writer**

Although she is only a sophomore, Amanda Schultz shows her leadership skills on and off the basketball court.



Schultz is always smiling.

Her basketball career began when she was only 5-years-old in Orlando. Coming from a large family, she was the only athlete and was constantly going to the local park to play pick-up games. Throughout her basketball career, Schultz has looked at basketball as a tool. She sees it as an opportunity to develop her leadership skills, such as working with others, communication and problem solving.

Upon entering college, her coach immediately noticed her versatility and began using her in multiple positions on the court.

“My biggest difficulty so far is learning how to separate the multiple positions I play and getting into the different mindsets that go along with each,” said Schultz.

Throughout her many years of playing, Schultz gives all her thanks to Jesus Christ. She has always been strong in her faith and stays motivated by relying on faith. “I am truly blessed with this opportunity and would not be here without His guidance,” said Schultz.

Off the court, Schultz shines in the classroom and campus activities. She is part of the Lynn 3.0 degree program, and part of the Student Government Association Executive Board. In her free time, she teaches fitness classes for Lynn recreation, as well as refereeing for the Lynn volleyball team and the intramural sports.

Schultz is a phenomenal role model at Lynn and is only expected to continue to rise as both a student and athlete.

## YEAR ONE IS HALF WAY DONE

November 30, 2010 by [Nisa Martinez](#)

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*With Half the Year Over, Tyler O'Shea Reflects on Life as a Resident Assistant*

**By JOEY ARGENZIANO**

**Staff Writer**



O'Shea stands outside his door, which is always open to his residents. Staff Photo/ Joey Argenziano.

Tyler O'Shea is a Resident Assistant on the second floor of E. M. Lynn Residence Hall. O'Shea, sophomore, is from Princeton. As a sports fan, his favorite teams are the New York Giants and the Philadelphia 76ers. O'Shea's favorite sport is basketball, having played all four years of high school on the varsity basketball team. Off the court, he loves working out, long-boarding, playing video games and hanging out with friends. This year, O'Shea is working hard in school, and also working hard to make a positive impact in Lynn's community.

iPulse: Explain your major and why it ties into your goals in life.

O'Shea: I am studying sports management. I came to this school because I feel the school will help me pursue a career in this field. The program has a lot to offer and great connections. My goal is to work for a sports team, hopefully doing marketing.

i: Explain your love for sports.

O: I love all sports, except for soccer. I started to have a love for sports in first grade. It was overwhelming at first but my determination and dedication for basketball was always high as I never lost interest. I also love coming to the Lynn basketball games because it reminds me of my old playing days.

i: How do you like being an RA?

O: I love being an RA because you have many benefits. It looks good on a resume and I get to know people and make friends. At times, being an RA is tough. Other times, it's straight forward. It depends on the situation, but I always go in with a smile on my face and a positive outlook.

i: How does being an RA benefit you?

O: It builds and displays character and well-being. It is a rewarding experience. Also, it helps you in the long-run because it improves on your people skills because you bond with your residents. I love all of my residents – they are a great group of people.

i: Why did you want to become an RA?

O: I wanted to be an RA because I am a person that likes to reach out to others before myself, so this position would help me be a role model here.

i: What is the life of being an RA like?

O: My schedule is the same as every other student, but as an RA, I have to go on duty certain nights. Duty is walking around each floor to make sure everything is running well. I do three rounds on weekdays and four rounds on weekends.

i: What is something that students do not know about being an RA?

O: It is hard work. People don't know that we change the posters and decorations on our floor every so often. For example, I make the name tags on every student's door.

i: What is the toughest aspect of being an RA?

O: The toughest aspect of being an RA is doing the paperwork and giving warnings. It's all about your judgment if you want to write someone up.

The iPulse wants to thank O'Shea for his time and wishes him a great first year of being an RA.

# LYNN GETS A LESSON IN THE QUEEN'S ENGLISH

November 29, 2010 by [Nisa Martinez](#)  
Filed under [Featured](#), [Profiles](#)

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*Matthew Prickett Expands His Horizons at Lynn*

**By Lindsey Caruana**

**Contributing Writer**



Prickett rocks out. Photo/Matthew Prickett

Matthew Prickett, recent graduate, was recruited from Newbury, England to play soccer at Lynn, which he said was one of his most challenging tasks.

“I had to work hard on my fitness to give myself a chance of playing,” Prickett admitted. “And I felt proud of myself that I was able to play with such great players these last couple of years.”

Prickett quickly made long-lasting friends on the Lynn soccer team, as many of them were English, which allowed him to feel more at home.

Upon arriving at Lynn, in spite of a rough first night without bedding in an air-conditioned dorm room, he felt at ease knowing he had made the right decision.

“Once I met all [of] the admissions staff the next day and saw how eager everyone was to make sure I had everything I needed, I knew I was with people who were prepared to help me, which was very welcoming.”

Despite traveling over 4,000 miles, Prickett was thankful that, at the very least, there were no real language barriers.

“Thankfully I speak the Queen’s English,” he joked.

Although, Prickett has had to get accustomed to driving on a different side of the road, as well as brush up on a few phrases occasionally thrown around in the States.

“‘That was ill,’ is meant to be a good thing, and pants are trousers here, where back home pants are underwear,” Prickett explains.

With intentions solely to play soccer, Prickett found that more than just sports sparked his interest. He was offered a job at Lynn in the Marketing Department as a videographer.

“I feel like I have only recently figured out what I would like to do,” Prickett explains. “And it is thanks to the Marketing Department, the Lynn Communications staff and Jason Hughes, in particular, who have helped me realize I would like to work in video/film production.”

Prickett currently lives off campus at San Marco, and continues to keep an open mind about the future.

“Two years ago, I would have never seen myself coming to Florida to study and work as a video producer so who knows, maybe I will stay if the right opportunities come about,” Prickett admits.

So, will opportunity-filled sunny South Florida trump the longing for familiarity and family back home in Newbury? Only time will tell.



# LET'S ALL SPEAK OUT ON POLITICS

November 19, 2010 by [Brandon Melendez](#)

Filed under [Politics](#), [Politics, Politics and More Politics](#)

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*Students and Professors Open Up About Their Views*

**By: ROBERT NOBREGA**

**Staff Writer**

The Republicans won a huge landslide victory on Nov. 4 which showed a new vision for America.

The Republicans now have most of the governorships, state legislatures and congressional seats in the country. This means now that they can really make changes for this country.

The question now is, what will the Republicans change to make the economy and the country better? Before the election of 2010, the Republicans developed a book called "A Pledge To America." This book is what they will be governing from while they will be in power.

The main parts of the agenda will be to make sure all the Bush tax cuts stay in place, to repeal the healthcare reform bill and to stop spending in Washington.

"I think that this will help President Obama because now he will have to listen to both sides of the issue and compromise. This will hopefully establish some physical discipline and also will help the country get back on the right foot," said Robert Watson, coordinator of American Studies.

## AGENTS OF CHANGE: HELPING AFRICA

November 19, 2010 by [Brandon Melendez](#)  
Filed under [Fashion](#), [Featured](#), [People](#)

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*Student Entrepreneurs Promote Their AFR Venture*

**By ARIANNA SHAFFER**

**Staff Writer**



Friends of Biza model his line of clothing, which will help fund charities located in Africa.  
Photo/ Biza.

Last year, Kuda Biza, a graduate, along with other students and freelance designers, created shirts inspired by Africa with a selection of many different styles, colors and Afro-Centric designs.

This small business venture is known as AFR, which stands for Authentic Fashion Renaissance. The goal of AFR is for people to wear this fashion statement anywhere and everywhere in order to help make a difference to this continent; a percentage of proceeds go to charities in Africa.

Since last year, AFR has really taken off in business. AFR clothing made their first donation in July of 2010 to Nurturing Orphans of AIDS for Humanity (NOAH), an organization in South Africa that takes care of orphans and other vulnerable children.

Unlike many businesses, AFR Clothing uses unique metrics to measure success; one of their unique metrics is “Lives Changed.”

“Each quarter we set targets on how many lives we change,” said Biza, graduate. “I am more than happy to report that in all three quarters of 2010 we have managed to meet our goal of the number of lives changed through our initiatives.”



Since last May, AFR has expanded the product line with new t-shirt designs and other apparel. AFR has managed to extend their line to include shorts and a new shirt called “The Jambo Shirt.” The Jambo shirt was inspired by the influenced cities in Nigeria and Egypt.

“Recently, we introduced ladies shorts that are perfect for the day at the beach or the pool,” said Biza. “In the short- term, we plan to introduce caps, belts and a new t-shirt designed in French.”

AFR has a vision and long-term goal to be donating to at least one charity in each African country by 2020. This means donating to 53 charities in 53 countries in ten years. However, to achieve this goal, Biza, along with other business partners, would like growth in brand recognition by establishing strategic partnership in Nigeria and Kenya. This would increase brand awareness by at least 25 percent, increasing net sales by 30 percent, reaching 1,200 facebook fans and will change the lives of orphans at Rosemary’s orphanage in South Africa.

“In the near future, I expect more people to join the movement and support the cause,” said Biza. “People are beginning to understand what AFR Clothing is all about. It is a matter of time until AFR Clothing becomes a well-known brand considering the talent that surrounds AFR. The only direction it can go from here is up.”

The future is bright, not just for AFR Clothing, but for Africa. This business venture has become an agent of change, and has become an amazing way for Lynn students to give back to society. Lynn students and faculty have been extremely supportive with buying AFR apparel. As Fighting Knights, we can all keep the fire burning and be agents of change. Various on-campus events will have AFR clothing that can be purchased, along with being able to visit their Web site at <http://afrclothing.storenvy.com>.

Biza would like to give special thanks to many people for all their help. Special mention goes to Joya Cox and Miguel Antunes for their unwavering support.

Special thanks also goes to Jessica Levinson for the crucial part she played in connecting AFR Clothing with NOAH and for working relentlessly during the fundraising drive for NOAH. AFR Clothing would also like to thank all stakeholders that have assisted in any way, shape or form.

## “DAYS OF HEAVEN” AND “ANNIE HALL”

November 19, 2010 by [Brandon Melendez](#)  
Filed under [Entertainment](#), [Extra](#)

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*Two Films to Showcase the Work of American Cinema During the 1970s*

**By: BRIAN SUSBIELLES**

## **Contributing Writer**

The 1978 film “Days of Heaven,” directed by Terrence Malick, is set in the year 1916.

In the film, actor Richard Gere plays Bill, a Chicago steelworker who kills his boss and runs away to the Texas panhandle with his girlfriend, Abby, and his sister, Linda. Under the guise that Abby and Bill are brother and sister, the trio makes their way through the land of a wealthy farmer, played by Sam Shepard, who falls in love with Abby. At the same time, knowing that he is dying, Bill encourages Abby to marry him in order to inherit his money when he dies. This series of events creates a complicated love triangle that leads to tragedy for everyone.

The most notable part of “Days of Heaven,” which is considered by some to be one of Malick’s best works, is the stunning cinematography by Nestor Almandros, who won an Oscar for his work. While Malick was notorious for his indecisiveness during the making of this film (it took two years to complete), the final product was met with high regard.

Terrence Malick entered Hollywood with a degree from the American Film Institute. Joining the ranks of new filmmakers such as Martin Scorsese and Steven Spielberg, he made his debut film “Badlands” independently before being recruited by Paramount Pictures. In all of his films, Malick uses voiceover narration to lead the audience through the story and illuminate the character’s inner thoughts. None of his movies have been set in the present day. Malick was a journalist and photographer before he turned to movie making, and he uses his knowledge of seeing the world from his own point of view to show the audience a dark side to beauty. “Days of Heaven” is one of the best films to come out of the 70’s and showcases how one can turn a moving film into a painting come to life.

**By: JACOB BALLOT**

## **Contributing Writer**

The 1977 film, “Annie Hall,” was directed by Woody Allen, who also played the main character alongside actress Diane Keaton. This movie won four Academy Awards in 1977, including best picture, best supporting actress, best director and best screenplay; it is considered to be one of Woody Allen’s best movies.

“Annie Hall” is a film about a man named Alvy Singer (who is played by Woody Allen). Alvy portrays a somewhat nervous person, but nonetheless quite comical.

In the film, Alvy meets a girl named Annie Hall, (played by Diane Keaton) and the film is about their relationship and all the things that happen between them.

The film progresses from the start of the relationship through all of its twists and turns. The storytelling is at times quite reflexive and features Woody Allen’s character speaking directly to the audience, either through breaking the fourth wall and looking into the camera, or through voice over narration.

Furthermore, the film relies on a series of flashbacks that help to reveal the plot in a non-sequential manner, thus allowing the audience to piece together the story of Alvy and Annie's relationship as the film progresses.

The acting in this film was very good, and the cinematography and editing was quite captivating. The way that some of the scenes were edited was very clever and funny. "Annie Hall" is a great film to watch with friends or family and comes highly recommended.

## SURVIVING A HOLIDAY OF FOOD

November 19, 2010 by [Brandon Melendez](#)  
Filed under [Food](#)

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*Find Ways on How to Eat Healthy During the Thanksgiving Holiday*

**By KALA ABDELL**

**Staff Writer**



Different ways on how to eat healthy, but delicious meals during the Thanksgiving holiday.  
Stock Photos.

On a day filled with food and festivities, focusing on eating right is not exactly the easiest thing to do.

When it comes to Thanksgiving, it is usually celebrated with warm turkey, mashed potatoes smothered in gravy, a green bean casserole and do not forget the multitude of delicious pies. So, how can one possibly stay healthy and fit during such a food-filled day? The iPulse is going to give the top five tips to keep off those holiday pounds:

1. Moderation.

Just about everything can fit into a healthy diet as long as it is in moderation. The easiest way to do this is by cutting portion sizes in half. Also, seconds are not always a bad thing, but if one is eating just to eat, reconsider filling the plate again.

## 2. Do not arrive hungry.

Try to have a light snack before the big sit-down meal. Starving one's self and then gorging may sound like a good idea, but it often leads to overeating and an upset stomach.

## 3. No sugary drinks.

Try to only drink water. It can get boring, but it has no useless calories and helps one feel less hungry.

## 4. What is for dessert?

Not having dessert on Thanksgiving can be tough, especially when surrounded by every dessert imaginable. If one has the strength to avoid it completely, then one should do that. If not, try bringing some desserts to the party that are on the healthy side, like fruit with light whipped cream.

## 5. Do not just sit there.

Now that the meal is complete, there is no point in just letting it sit in your stomach. Try something new like going for a long walk together. This still gives you time to chat and give thanks while burning off the meal in the meantime.

These are just a few simple things one can keep in mind to help make those holidays easier on a diet. On such a fabulous day, do not put too much focus on calories; instead, focus on being surrounded with the ones you care about most.

# WARNING ON ENERGY DRINKS

November 19, 2010 by [Brandon Melendez](#)  
Filed under [Campus](#), [Food](#), [Health & Beauty](#)

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*Students Question the Various Effects of Energy Drinks on Their Bodies*

**By DESTINY GOLDEN and NICOLE THAW**

**Staff Writers**



Students drinking energy drinks. Photos/D. Golden and N. Thaw.

Students at Lynn are concerned with the frequent consumption of energy drinks.

Energy drinks work in such a way as to give the body a boost of energy; most contain caffeine, taurine and guarana.

Energy drinks were first found in the United States in 1986. However, they grew in popularity when Red Bull was introduced to the market in 1997.

The Press Enterprise reported on Nov. 4 that makers of Monster Energy, Hansen Natural, sales increased by 17.1 percent in just one quarter while Red Bull's sales increased by 15.5 percent. With the massive growth of energy drinks, it has become a million dollar industry. Hansen Natural reported earnings of 66.5 million for their third quarter.

The major consumers of these energy drinks are college students. "I drink about three a week," said Justin Deering, sophomore.

Students often cite the use of energy drinks for late night studying, to get through the long hours of class and their employment. However, they fail to take into consideration the effects, if any, of the consumption of energy drinks.

Some energy drinks can contain up to 300 mg of caffeine. An over-consumption of caffeine can lead to an increase in calcium and magnesium loss, high blood pressure, nervousness and gastrointestinal upset.

While there are concerns about the side effects of energy drinks, college students now have even more to be concerned about. The new trend is to mix energy drinks with alcohol; the makers of Four Loko have cashed in on this.

Four Loko is an alcoholic energy drink containing 12.5 percent alcohol content and a large quantity of caffeine, guarana and taurine. It retails for around \$3, making it a popular choice for students on a budget.

However, what many students are finding out is that the drink can have harmful side effects. Because of these effects, some college campuses are choosing to ban the drink altogether. University of Rhode Island, Ramapo College and Central Washington University have banned the drink while Washington State is in the process.

Shelby Donnelly, sophomore, recently experienced the dangers of Four Loko. "I drank two Four Loko's, they went down very easy then it all hit me at once. I blacked out," said Donnelly. "The next morning I woke up with bruises all over and embarrassing stories I have no recollection of."

Many students at Lynn refused to offer their name for publication. Nevertheless, the stories of their experience with Four Loko were the same: I got messed up, blacked out or went to the hospital. Even students who have not tried the drink say they have friends who have ended up violently sick.

Although Four Loko is still very popular among college students, the tide seems to be turning. Justin Duran, sophomore, said, "I have heard about the dangers of the drink on the news so now I won't drink it."

## CREATIVE WRITING CLUB CORNER

November 19, 2010 by [Brandon Melendez](#)  
Filed under [Columnists](#)

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*Join the Creative Writing Club and Express Feelings*

*Colder Domes*

**By: EMILY BERGER**

**Contributing Writer**

She was sick of the heroin imagery,  
based from above though I was sickened,  
Turning through air, kind of scary,  
Piercing the colder domes,  
Felt like Jacques Cousteau that night, though  
I swore I was a brown bear,

And they swore they were meant to be there  
You know,  
The nice guy with the cute girlfriend,  
The hapless leader with his frayed hat,  
His more talented sidekick, and  
Me and her,  
And I loved her, especially that night  
Sleepover no love, and that sadness  
I felt the next night over wet salads  
is what I lived for.  
And words are so small, but  
They speak to enormous canyons,  
Cover in blue and its enough to make Jack Kerouac squirm  
And I've begun to cover the sphinx  
Though I feel it will take much longer,  
And I'm sure I've been here a long time  
But there's still a lot of math to do.  
And it was of the more less deserving foliage,  
Though she stood on her hair, careened and schemed  
Through life, striking deals with Union oil, there  
Were more people east, the crowded states, the flatter  
more concussed plains kept the railroads moving, and  
Its like ever since the steam engine arranged

Marriages became so quiet.

So to whoever is doing the buying, thickness is no longer

welcome, Germans squatted just like us, forescore later

History changed the short term, but it's the short term no longer,

Lost in space, timed out, stuck in buildings, sticky in Fall,

Wet in winter, hiding in Spring, these beetles spring out of center.

Yes, I'll make first Contact, no one relies on me anymore.

*Adidas*

**By: WILL GARCIA**

**Contributing Writer**

The Total Eclipse of the Sun,

Try to form choreopoems, from

Chaos of air,

Some people are all behavior,

But the mindless jackets of the mind form too,

I, American hero

Formed by rap videos

And girls kissing girls,

Used be John Le Carre,

Dreamed of forming the largest family in England,

Married to the mob but running for

Political Office,

Never understood that it's all worth it to see



A sad girl smile,  
Think about all this while I conduct scandal,  
David Berkowitz, visuals visuals,  
No worries, crime make its better  
In White City,  
But VALIS controls the earth,  
And it took me 365 to get close,  
I tried Jaguar paw I tried,  
Why are we so cold,  
Hearts in Zaire though I meditate,  
Like Prince Charles and now,  
A flash of real rich zombies,  
Its hard to translate  
I'm just wondering if you're a Wolf like me.  
This the Buggy in Palm Springs,  
And she was a Young American,  
I was a poor black kid,  
Sitting in a circle of dead orchids,  
Dreams combine all,  
Wonder where that happens  
Those were the Wonder Years,  
When Hampton Came Alive,  
There's Lords in our mist,

Think Adidas, 7 seconds

That's it.

*Relief*

**By: JUSTIN DURAN**

**Contributing Writer**

I need to relieve my mind of all its problems, become mindless

Because for years we have been taught that love is timeless

But when love like time fades into the unknown

Never to be seen again, deep within ones own

Skeptical pretences

Begging to be demolished like age-old fences

But in all reality we cant, because then we start to feel defenseless

Leaving our oh too fragile ego and pride

Susceptible to forces deep inside

Our deranged mindset, no matter what mentality

Even if you're ostracized by loves reality

One cant help but kneeling in reverence

Love being the judge we accept our life sentence

And go from there, ultimately accepting our inevitable fate

We realize that love is the predator looking to devour us as bate

And hold us captive

Within a massive

Reservoir, known as the human heart

# AMERICAN CINEMA IN THE 1970'S

November 19, 2010 by [Brandon Melendez](#)

Filed under [Entertainment](#), [Extra](#)

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*Film in America in the 1970's Go Through a Cinematic Renaissance*

**By: STEPHANIE WILLIAMS**

## **Contributing Writer**

The 1970's was a tumultuous decade in American history. While the Vietnam War continued to rage, the United States remained divided between those who supported the war and those who did not. Meanwhile, the Watergate scandal engendered social disillusionment and loss of trust in American leadership. These and other socio-political factors, coupled with the continuing influence of youth culture and foreign cinema, spurred a Hollywood Renaissance marked by such characteristics as on location shooting, character driven plots and genre revisionism. This cinema consisted of both veteran filmmakers such as Terence Malick, Robert Altman and Woody Allen, as well as a new generation of American filmmakers who impacted the Hollywood scene. Recent graduates of academic film programs this generation of intellectually mindful filmmakers proved in their films that art and commerce are not incongruent by definition. Martin Scorsese and Francis Ford Coppola are associated with this group habitually labeled by film historians as "The Movie Brats."

## E.M.L. GETS UPGRADED IN LAUNDRY

November 18, 2010 by [Nisa Martinez](#)

Filed under [Campus](#)

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*Washing and Drying Clothes Just Got Ten Times More Exciting For Students*

**By CASEY DOLL**

**Staff Writer**

Many students living in the E.M. Lynn Residence Hall are well aware of the insufficiency of the laundry machines on each floor. “The laundry machines here are kind of like those automatic hand dryers in public bathrooms that can never fully dry your hands,” says one resident of EML. “Except for if those hand dryers spit on your dignity afterwards.” Despite the installment of new machines this year, students’ laundry continues to be damp even after three cycles in the dryer.



Fortunately for these residents, Lynn has finally decided to further upgrade the laundry machines. The school has retired the old machines and has hired several new employees to help with the new drying system. These new employees are able to dry clothes by holding them up and then manually blowing onto them. Initial estimates show that this method will be able to dry clothes several days faster than current drying machines.

However, due to the cost of labor, the new dryers will cost \$10 per cycle, which is still less than how much it costs to completely dry towels with current machines. Workers will also accept dog

biscuits or warm compliments as payment. Studies also show that it is very fun to watch people blow clothes dry.

Several students have complained that the new dryers are immoral and inhumane, however it seems that the new workers are happy with their jobs. “Phhhhhhooooooooo,” says one worker as she happily completes her job. “PHHHOOOOOOOOOO!”

Particularly lazy students will benefit greatly from this new system because of the uncanny ability of the new dryers to walk. If a student needs their clothes dried with the added convenience of not having to get out of their bed and stop watching the new episode of “Keeping up with the Kardashians,” a\\ll they need to do is shout loudly for the dryer to come to their room.

Note: This article is a satirical piece and should not be taken as fact.

## HELPING OUT MAN’S BEST FRIEND

November 18, 2010 by [Nisa Martinez](#)  
Filed under [People](#)

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*Amy Hartman Dedicates Her Time to Dogs Looking for a Happy Home*

**By NICOLE THAW**

**Staff Writer**



ChowChow, Trixie, and Eddie are some of the animals Hartman takes care of at Pet Lover Central. Photo/Hartman.

Amy Hartman graduated from the masters program at Lynn with a degree in communication last August and is currently working to find rescue dogs happy homes because she loves animals.

When Hartman graduated, she sent out numerous resumes to companies in an effort to start her career. Unfortunately, Hartman, along with other recent graduates, is finding that there are not many job opportunities available because of the economy.

Luckily with time, she has found a job that she loves and is making a difference.

She is currently working at Pet Lover Central where she cares for canines that are being boarded, as well as many rescue canines that do not have homes.

With the terrible economic situation South Florida is in, many canines have been left to die in foreclosed homes. According to the American Society for the Prevention of Cruelty to Animals, more than four million animals every year are abandoned and brought to shelters where over half are euthanized as a result of not enough space.

Luckily, Pet Lover Central is trying to make a difference. They have a program called Rescue...Rehab...Home! Their Web site can be found at [www.rescuerehabhome.org](http://www.rescuerehabhome.org).

Hartman is one of the workers who help feed, walk and love these pooches. The Web site offers many photos and quirks about the dogs for those who are interested in adoption.

"I like my job because I make a difference," said Hartman. For more information, visit their Web site or visit them at 7491 N. Federal Hwy.

## TIME FOR WOMAN'S BASKETBALL

November 17, 2010 by [Nisa Martinez](#)

Filed under [Athletics](#)

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*The Team will Go Through a Tough Season, but not an Impossible One*

**By JOEY**

**ARGENZIANO**



The Women's Basketball team after a big game. Photo/ NSU Sports Information Desk.

The women's basketball team will face a lot of adversity this upcoming season. Even though the Fighting Knights won the Sunshine State Conference championship last year, this is a whole new season. One advantage is that the core of last year's team is returning; however Lynn will lose bench players Cedrica Yapp and Cara Dolci, who both graduate in December.

The only addition to the team this year is transfer student, Shay Harris, junior, who is a perfect fit for the team's new offensive strategy. "She is a very versatile player," said forward Ayce Vickers,

sophomore. “She can run like a guard, but also make a difference in the post as a forward.” A few others that will be key players this season are Chelsea Patterson, Kira Harvey, Marquis Lee and Quanisha Dixon.

Patterson is an all around player. She led the team last season with points (14.1) and assists (4.8). “This is my senior year, so I plan to lead my team to another championship,” stated Patterson. Harvey is an amazing scorer, ranking second highest scorer on the team last season (9.8 points per game,) which helped her earn the Sunshine State Conference Freshman of the Year Award. Lee ranked second on the team last season averaging 5.1 rebounds. Dixon, who led the team in steals last season, is one of the fastest players in the league. With Lynn’s fast break offense, fans should watch out for her to have a breakout season. Dixon stated, “We are going to repeat as conference champs this season for our fans so I hope they come out and support us.”

The only question mark about this season is whether the Fighting Knights can remain healthy. Harris, Vickers and Karolina Bazua are all coming back from injuries. It will be very interesting to watch the Fighting Knights defend their conference championship. One game will even be aired on national television when Lynn plays at Tampa on Jan. 8. Check out the rest of the schedule at the Lynn athletic Website at [www.lynnfightingknights.com](http://www.lynnfightingknights.com) and come cheer on for the Fighting Knights.

## KNIGHTS AIM FOR NOTHING BUT NET

November 17, 2010 by [Nisa Martinez](#)  
Filed under [Athletics](#), [Featured](#)

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*Men’s Basketball Team Prepares for the Upcoming Season*

**By JOEY ARGENZIANO**

**Staff Writer**





Jovan Robinson and his team ready for the season. Photo/ J.C Ridley.

The men's basketball team has a lot to prove this season. Even though the Fighting Knights won 15 games last season, the program had a transitional process during their time off, working with a new team. Despite losing three key players from last season, Lynn gained six new players. This year, Jimmy Gaskins, junior, Colin Gates, freshman, Chris Watson, sophomore, Josh Garcia, junior, Craig Brown, freshman, and Terrell Williams, senior, will all have the privilege of wearing the Fighting Knights uniform for the first time in their college career.

Chris Hall, senior, has played for Lynn for the past three seasons and is ready to lead the team to victory. Hall became the school's all-time scorer leader last season, averaging 20 points per game. "I feel we have a good chance of winning the conference with the talent, athleticism and a group of great guys that are coach-able," explained Hall.

Another key player is Boston native, Jovan Robinson, senior, who is an emotional leader and hustle player. Robinson has the capability to score at will, falling second on the team last season, averaging 12.5 points per game. "Lynn pride means a lot to me because of the hard work we put in and the bond that I have with my teammates and coaches. The hard work we put in is second to none, which makes it more than just a uniform," stated Robinson.

Another offensive leader is Rodney Kennedy, senior. On the other side, Bo Jukic, junior, will be a key player on defense and grabbing down the boards. "Michael Woo will be beneficial to the team this year," said Jukic.

The Sunshine State Conference Defensive Player of the Year Michel Vidal hurt his knee and could possibly miss many games. Losing the senior (who averaged 8 points and 11 rebounds last season) will be tough on the team, but the Fighting Knights are ready to conquer each challenge that they are faced with.

# 2010 OVERALL BASKETBALL VIEW

November 17, 2010 by [Nisa Martinez](#)

Filed under [Athletics](#)

[Leave a Comment](#)

*Lynn Student Writer's Enthusiastic Perspectives on the Players and the Season*

**By JOEY ARGENZIANO**

**Staff Writer**



I am extremely pumped that the 2010 Lynn basketball season is finally here. Knowing players from both the Men's and Women's teams, I can say they are ready to "ball up" and fight for our school.

Each team made the tournament last year, but this is a totally new season and as a journalist, I do not really know what to expect and thoughts; but as a student, I hope both teams go all the way.

The men's team is new, but I wonder if they are improved? I have not seen the six new players play, but I believe they have connected with the veterans. Team cohesiveness takes a lot of time and I think that aspect can become stronger each week. Eventhough Michel Vidal, senior, is injured at the moment, this team has depth in the post area. In fact, I still feel our starting five is impressive and, hopefully, the bench can help get the job done as well.

Unlike the men's team, the core of the women's team has played together since last year. I would love to see them repeat as the Sunshine State Conference champions, but it is going to be tough to defend the title. I love the fast break offense because we are a small team; in fact, it suits and compliments Patterson's and Quanisha Dixon's style of play; however, there are some disadvantages. The Fighting Knights is lacking with forwards and centers so many players need to step up including Marquis Lee, Amanda Schultz, Tashina Bailey, and Natalie Basore. Also, with three players coming back from injuries and questionable ability to play at the beginning of the season, the short-stacked team needs to have high stamina and endurance to compete. Because we were the conference champions last season, every school is coming for us; but these girls are determined, hard working competitors and will not back down from any challenge.

As a student and a fan, I would not want to miss the blood, sweat, and tears that each player will strive for to represent our school. The players get more hyped seeing fans in the stands since the home court advantage can play a role in helping our teams win. I encourage everyone to attend the games as you will not be disappointed. Let's Go LU.

# LYNN'S "PARTY FOR POLITICS"

November 16, 2010 by [Nisa Martinez](#)  
Filed under [Featured](#), [Politics](#), [Politics and More Politics](#)

[Leave a Comment](#)

*Student Government Encourages Students to be Politically Involved*

**By JENNIFER RODRIGUES**

**Assistant Editor**



Students filled the Student Center as various clubs presented the political views of candidates on many issues. Photos/ J. Rodrigues.

On Monday, Nov. 1, Lynn University's Student Government Association organized an event that allowed clubs and organizations to present an unbiased look at the issues that were relevant to this year's election.

The event was held in the Student Center during dinner, which allowed for crowds of people to stop by the tables, learn some facts and receive free giveaways from places such as Moe's, Chick-fil-a, Christine's and Knight's Court.

Six student organizations joined SGA in their cause to keep Lynn students informed about the issues facing the country today. Members of the Education department showcased the political

views of candidates on education, OLAS presented on immigration, Food for the Poor spoke on poverty and Gay Straight Alliance talked to people about gay rights. Finally, the Law and Justice club presented an overview of all standpoints of Ron Klein and Allen West, while Hillel had a display of the candidates' views on the importance of the U.S.'s relationship with Israel.

The event was designed to present both sides of issues so when it came time to vote in the elections, students could make a truly informed decision that may affect the future of the country.

## MEET THE NEWEST SOFTBALL STAR

November 16, 2010 by [Nisa Martinez](#)  
Filed under [Profiles](#)

[Leave a Comment](#)

*A Special Interview with Freshman Softball Player Marcella Carrozza*

**By MATT FISCHER**

**Staff Writer**



Carrozza. Photo/M.Fischer.

In the past three months, Marcella Carrozza has dived, stole and crossed bases for the softball team. Hailing from Philadelphia, she has come to Lynn as a freshman to hit homeruns on the field and in the classroom.

Carrozza is currently studying Business Administration and hopes to one day tour Europe on a motorcycle. She graciously took a few moments out of her hectic schedule to sit down for an interview.

iPulse: Why did you choose Lynn?

Carrozza: Mostly for softball. I've always wanted to go to a school in Florida because it's a lot better in terms of competition down here.

i: What position do you play on the softball team?

C: My primary position is first and my secondary position is third.

i: Which one do you like more?

C: I like first base more because it gets more action and I like making other people look good.

i: I heard from reliable source that you like Lil' Wayne?

C: I love Lil' Wayne.

i: Ok, so here is a question for you: Lollipop or A milli?

C: I'm thinking Lollipop.

i: If you had one word to describe Lynn University, what would it be?

C: Rowdy.

i: If you had one person to live with on an island that was totally stocked with food for the rest of your life, who would that be and why?

C: Definitely my mom because you usually tend to get annoyed by the person, but I would never get annoyed by my mom, because she has a ton of patience.

i: Let's play free word association for a second. Football.

C: helmet

i: Baseball

C: Phillies

i: Mariachi bands

C: mustache

i: Callie

C: Darlin’

i: LOST

C: Jacob

i: CSI

C: Grissom

# HOW TO GET READY FOR A DATE

November 16, 2010 by [Nisa Martinez](#)  
Filed under [Health & Beauty](#), [Lifestyle](#)

[Leave a Comment](#)

*Helpful Tips to Follow When Getting Ready for a Special Night Out*

**By MARIAH KULKIN**

**Staff Writer**



Make-up is a great finishing touch for any look. Photos/M. Kulkin.

Many Lynn students are either in a relationship or playing out the single life. Going on dates is what develops a connection with another person, whether one is looking for something serious or something casual.

There are many different options one can choose from when going on a date. Usually a meal is involved and something entertaining after such as a movie or a show. Even fun things like roller blading, going bowling and going to a carnival are great dates.

The most important thing for a date is to look good, since first impressions are everything. Even if people have gone on numerous dates together, it is fun to get ready for a date night. Any date can be nerve racking; not knowing what to wear, what to say or how to act. Here are some helpful tips that will come in handy.

First off, showering is important. One always wants to be clean and feeling refreshed. Being dirty or smelly for a date is a definite no. Make sure to shower earlier in the day because it always takes longer to get ready; there is no denying it.

Picking out an outfit can be tricky. One never want, to be overdressed or underdressed. It is always helpful to know where one will be going, so always check with the person you are going on the date with. If they are trying to leave the destination a surprise, ask what kind of attire is needed. Also, do not wear anything that might have holes or tears in it or has stains.

Make sure to always match. You do not want an outfit that is all over the place. "I always color coordinate every piece of my clothing in some way," says Justin Duran, sophomore. "I try to be different and unique."

After the hardest part of picking an outfit is over, it is time for the finishing touches. Picking out appropriate accessories such as jewelry, purses, sunglasses, hats and more is a must if you desire to wear makeup, go for it, but do not hide your face; embrace it.

Girls make sure to wear a nice, gentle perfume and guys wear an attractive scent. "I always wear a simple sweet perfume that is not too overwhelming," said Sarah Benjamin, sophomore. Everyone loves it when others smell good.

# SNOW BIRD STUDENT CATCHES SOME RAYS

November 15, 2010 by [Nisa Martinez](#)

Filed under [Featured](#), [Profiles](#)

[Leave a Comment](#)

*Canadian Student Loves Studying in the South*

**By Kelly Harman**

**Contributing Writer**



Keeley Mulvihill enjoys the beach. Photo/K. Mulvihill

Keeley Mulvihill, alum, lived in Toronto her entire life and appreciates many of the academic aspects at Lynn. “I picked Lynn because of the small class sizes, and I liked the teachers and



courses,” she said. “Also because I wanted to go somewhere new and completely different from where I was from.”

Mulvihill enjoyed spending her college years in south Florida “because Florida and Toronto are completely different; here the weather’s nice and warm all year round; that really makes me appreciate the season changes at home much more.” While at school in Florida, Keeley appreciated being near the beach, spending time with her friends and going to the movies, Starbucks, Fort Lauderdale on the weekends, the Boca Raton mall and visiting Gumbo Limbo Nature Center with her boyfriend. At home, Mulvihill’s favorite things to do are snowboard the Canadian mountains, spend time with her family and explore the city of Toronto.

Although the curriculum here at Lynn is relatively similar in comparison to other schools she has attended, “school’s different in the sense that there aren’t many schools in Canada that are universities with small class sizes like Lynn,” she said. “University options in Canada are far less; there’s way more universities in the States.”



## CREATIVE WRITING CLUB CORNER

November 12, 2010 by [Nisa Martinez](#)

Filed under [Campus](#)

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*Join the Creative Writing Club and Express Feelings*

Invader

**By: SHAWNA MANN**

**Contributing Writer**

The other day I took a sip of air and

Swallowed a bug.

I felt it buzz down my throat, swim through my blood, and

Enter my soul.

Later that night I heard a voice

Coming from inside of me

It was the bug.

She told me she was taking refuge

In my body, because the world was no longer

Pure.

There is a constant smoke, fog in her eyes.

Her babies will be born breathless.

I told her 'Ironie, I'm asthmatic. My tubes are tight, my breathing heavy'

"Do not worry" She comforted me "I can still fly inside of you"

Afraid she can watch my silent films playing on the screen in my mind

I pretend its okay.

But I knew deep down I didn't want this creature,

This alien, in my body.

But what can I do?

She is in me

And not abandoning ship anytime soon.

She is going to pollute my body,

Spill oil into my sea and tell me it's

Unintentional.

Why is she in me? Breaking down my diaphragm

Rummaging through veins

Tearing through capillaries deeply rooted in my wall,

Shredding my blood cells with ringlets as old as I am

I hear her humming her good will and

Better promises of tomorrow

She does not realize her happiness is my sorrow.

I scribble down ideas of how to get her to leave,

Her babies are on their way

I cough

‘My tubes!’

‘My tubes are tight, air can barely squeeze through, and you are choking me’

She hums her tune.

I will freeze her out!

Jumping into water 20 degrees below, I am an ice berg.

My burned black skin is falling off my nose,

Solidifying my fluid; a frozen lake

Thinking I am alone, breathing a sigh of relief.

I hear – a voice. This cannot be true.

Alive, she complains of the cold.

Unbearable.

My next approach – heat.

I will burn her out of my system.

Winter coat layering winter coat,

I hallucinate in front of a toasty fire.

What normal skin left from the cold is now – burned black.

Boiling crimson waters under my flesh. This is hell.

She will surely leave

And then- the slightest hint of a voice is heard

Over the lava singeing my arteries

She is still alive.

Words are not coming fast enough, I can’t comprehend.

Why are you still here?

I've tried every way

And you are not budging

It has been months and my body is no longer my own,

I'm forced to share it with despicable savages,

She has moved in her friends, family, and some enemies to ensure balance.

I am just a host

I am a playground for unknown diseases brought by her kin.

My muscles are deteriorating; starvation has come and passed,

I am dehydrated.

I'm an anchor, that's still moving in circles

She was the intruder, they are the immigrants, and

I am now a stranger in my own body.

## CANONICA'S PASSION FOR LYNN

November 12, 2010 by [Nisa Martinez](#)

Filed under [Profiles](#)

[Leave a Comment](#)

*A Compassionate Employee who Enjoys Helping Out Students on Campus*

**By MATTHEW FISCHER**

**Staff Writer**



Lynn employee Canonica. Photo/M. Fischer.

As Stephanie Canonica pulls onto campus, 99 percent of students are still safely in their beds. It's 7 a.m. and with her mighty cup of coffee, she starts her daily routine of dealing with packages and parents in the mailroom. By the time she leaves at 4:30 p.m., she is exhausted but happy. Canonica offered a few minutes of her time to come and sit with the iPulse.

i: How have you been at Lynn?

C: I've been at Lynn since 2005.

i: Do you enjoy the mailroom?

C: Yes, I do very much. I enjoy helping you kids out.

i: You have been the one constant in the mailroom for the past five years. What makes you stay?

C: Well, I enjoy the job, I like the kids and they make it worth it. Plus, I enjoy being a member of the Lynn family.

i: If you had one word for a potential student looking to be employed by the university, what would that word be?

C: Compassion.

i: If you had one person to live with on an island that was totally stocked with food for the rest of your life, who would that be and why?

C: My mom; She passed away 12 years ago and I would love to see her again.

## **STUDENT INSIGHT: JASON BISCIOTTI**

November 12, 2010 by [Nisa Martinez](#)  
Filed under [People](#)

[Leave a Comment](#)

### *Lynn Graduate Student's Perspective on the Business Marketing Program*

**By NICOLE THAW**

**Staff Writer**



Bisciotti with his dog. Staff Photo/N. Thaw.

Jason Bisciotti is currently enrolled as a graduate student to earn a master's in business with a specialization in business marketing.

When Bisciotti, a Maryland native, graduated from Lynn in 2009 he was left to decide whether he would like to try and find a job or return to school, he chose the latter. "I wanted to get a master's degree because I figured I wouldn't be able to get a lucrative job in this economy," said Bisciotti.

Lynn's graduate programs range from Administration, Business Administration, Communication and Media, Student Education to Music. Students are permitted to enroll in a maximum of two courses per term. Each term lasts eight weeks and the majority of classes meet in the evenings, allowing students that work full-time the opportunity to get an education.

"The difference between getting a bachelor's degree and a master's is that the classes are much more in-depth and it puts more responsibility on you," he said. "You are only meeting once a week so it is up to you to not fall behind."

Bisciotti's favorite aspect of getting an MBA from Lynn is that many of the professors are the same that he had as an undergraduate. "The teachers know you as a person, which is something you would not have at a big state school, they know your strengths and weaknesses."

While Bisciotti is very happy at Lynn, there is room for improvement. “I would like more of the teachers to use blackboard and white boards to write down what they are saying, rather than lecture,” he said. “That way you can take out your notebook to review.”

# FISHERMAN’S FATE

November 12, 2010 by [Nisa Martinez](#)

Filed under [Lifestyle](#)

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*A Student’s Fight Against A Watery Foe*

**By CASEY DOLL**

**Staff Writer**



Students may find themselves facing dangerous lake creatures. Stock Photo.

There are many students on campus who enjoy fishing in the Trinity and Schmidt lakes. However, there is one student who has taken up the hobby not for recreational purposes, but for vengeance. Johnny Ahab, freshman, has committed himself to the pursuit of a very specific carp that dwells in the Schmidt Lake. Ahab claims that this fish has dealt him a grievous insult and he swears to make it pay the ultimate price.

During Founder’s Day, Ahab led his crew in the canoe challenge, an event that would forever changed his life. The crew’s canoe capsized during the race, hurling them into the mysterious depths of the lake. Ahab claims that while underwater, a gigantic sea behemoth of a carp attacked him and swam away with his designer brand sunglasses.



“He loved those glasses more than he loved me,” says Ahab’s girlfriend. “You could see that this great loss ignited an inextinguishable fire inside of him.” Ahabs’s friends admit that he was never the same after his bereavement. “Johnny was never very smart or interesting,” says one friend. “But when he wore those \$500 glasses you got the impression that he really meant something.”

After a day of preparing, Ahab donned his fishing outfit, prepared his rig and stormed off to the Schmidt lake. Despite his confident disposition, this was a hunt that Ahab would not return from. Because Ahab no longer had sunglasses, he was unable to see the banana peel lying at the lake’s bank. Ahab slipped and once again fell into the lake; this time when he emerged he realized that his \$2,000 limited edition “Jordan” sneakers were missing. In a fit of rage, he dove back into the lake, never to return.

Note: This article is a satirical piece and should not be taken as fact.

## **FOLLOW TODAY’S FASHION ICONS**

November 12, 2010 by [Nisa Martinez](#)

Filed under [Fashion](#)

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*Lynn Students Talk About Fashion Icons That Inspire Them Everyday*

**By RACHEL LEVENSON**

**Staff Writer**



Hayley Irons strikes a pose. Photo/ R. Levenson.

Lynn students talk about what fashion icons inspire them today and how the popular culture has an influence on their stylistic conventions.

The fashion world is displaying a more edgy flair upon today's popular culture. Most of the fashion inspirations come from ubiquitous icons such as Lady Gaga, Katy Perry, the Kardashians, Rihanna and other inspirational fashion mavens.

Artists such as Gaga are prodigious innovators in the industry and have broken the boundaries in the fashion milieu. In today's society, nothing is too outrageous due to the influences of today's fashion leaders.

Hayley Irons, senior, is an avid fashion enthusiast involved in Lynn's fashion management program. Irons said her inspiration comes from stars of a reality show. "I really like the Kardashians," said Irons. "I love how they dress and how they do their makeup. I think they present themselves in a classy, but sexy way." When asked to describe her style, she retorted, "I love dresses. I like to change up my style a lot, too. When I go out I'm not afraid to be a little edgy."

Alex Harriman, junior, who also takes part in Lynn's fashion program, is inspired by the urban contemporary look. "I don't really have a specific icon, but I am inspired by urban style," said Harriman. "I love to shop at stores like Urban Outfitters, Forever 21 and Express."

Most of the fashion leaders who inspire followers have more of an eccentric approach. With many students involved in Lynn's fashion program, a lot of students at the school appreciate today's trends and style.

## BOCA'S ITALIAN-AMERICAN BISTRO

November 12, 2010 by [Nisa Martinez](#)

Filed under [Food](#)

[Leave a Comment](#)

*A Highly Convenient Restaurant With a Mouth Watering Selection of Food*

**By DESTINY GOLDEN**

**Staff Writer**



Brewzzi's sign outside. Photo/ D. Golden.

Brewzzi of Boca Raton offers students an extensive selection of food that is so close and convenient to campus students will come back again.

Brewzzi is an Italian American Bistro located in the Glades Plaza. While they offer outdoor seating, the atmosphere inside the bistro is smooth and relaxing. As their Web site states, "Our creative menu items are prepared fresh before your very eyes in our open kitchen."

Their menu consists of appetizers, soups, salads, sandwich creations, entrees, brew burgers, pizza and pasta. And for the calorie conscience, they also have a healthy features section. Justin Duran, sophomore, said, "I would dine there for the food and environment."

Brewzzi's offers a number of dining deals. Their MySpace blog stated, "Monday and Tuesday's, kids eat free." The exception is that one adult item more than \$12 must be purchased to receive this deal.

Another dining offer stated on their MySpace blog, "Brewery Bites – a menu of small plates with small prices." The catch is that these appetizers are only available Monday to Thursday from 3 p.m. till 6:30 p.m. And the selections for the Brewery Bites changes monthly.

The food at Brewzzi is enjoyable and the service is personal. It's a great place to chill out after a long day of classes with friends.

With two locations, Brewzzi located in the Glades Plaza is open from 11:30 a.m. to 11:30 p.m.

## TAXI DRIVER" AND "APOCALYPSE"

November 12, 2010 by [Nisa Martinez](#)

Filed under [Entertainment](#)

[Leave a Comment](#)

*Two Films To Showcase the Work of American Cinema During the 1970s*

**By: AARON MICHELSON**

### **Contributing Writer**

The film *Taxi Driver* (1976) was directed in 1976 by well-known filmmaker Martin Scorsese. Through this film, Scorsese explores the dark side of urban life and its psychological consequences on one man.

*Taxi Driver* follows Vietnam veteran Travis Bickle, who is played by Robert De Niro in a haunting Oscar nominated performance, as he takes a job as a night time taxi driver in the sleaziest section of New York City. During his shift, Travis observes prostitutes and people wasting their life on the streets, while politicians do nothing to help. When he met a thirteen-year-old hooker named Iris, he decides to take action through violence.

From the opening of the yellow cab driving through the streets, the viewer knows that the film will follow Travis' descent to the dark side. Scorsese sets up this expectation by using aspects of European art cinema and mixing its elements with the traditional Hollywood studio system. Throughout the film, Scorsese provides commentary on lower class life in a big city. Scorsese also addresses the psychological consequences of urban life through the character of Travis Bickle. At the beginning of the film, Bickle was simply searching for something to do following his tour in Vietnam. However, by the end of the film he transforms into a violent vigilante, a type of anti-hero who feels he can't just sit idly by and watch the city fall into further decline.

Everyone should see this film, although the viewer should be warned about the high violence content that might shock some people. Overall, I give this film five stars out five.

**By: ALEX SOUTO**

**Staff Writer**

Apocalypse Now (1979) was directed and produced by Francis Ford Coppola. Coppola was an Italian American film director, producer, and screenwriter who is known to be one of the most influential Hollywood directors of all time. He made his appearance in the 70's with ideas that were unconventional and challenged contemporary cinematography. With Apocalypse Now he won his second Palme d'Or in 1979.

This film was a ground-breaking masterpiece with symbolic sequences detailing the violence, panic and madness of the Vietnam War. The film is set during the height of the war in Vietnam, where a U.S. Army Special Forces Captain, Willard, is asked to carry out a mission that, officially 'does not exist – nor will it ever exist'. This mission is to seek out a Green Beret Colonel, Walter Kurtz, who has crossed the border into Cambodia and is conducting secret missions against the Viet Cong and NVA. The Army believes that Kurtz has gone completely insane, and Willard's mission is therefore to eliminate him at any cost. Willard is sent up the Nung River on a U.S. Navy patrol boat. As Willard and his boat crew descends into the jungle, they are slowly overtaken by the jungle's compelling powers and must battle the insanity which surrounds them. As the boat crew slowly lose their minds they are slowly killed off one at a time. In the end, as Willard continues his journey he becomes more and more like the man he was sent to kill.

The way this film was put together, along with the story behind it, gives the viewer a sense of what many soldiers went through in Vietnam. The film explores the psychology of how people pushed to the edge can and will do strange things in order to survive.

## AMERICAN CINEMA IN THE 1970'S

November 12, 2010 by [Nisa Martinez](#)

Filed under [Entertainment](#)

[Leave a Comment](#)

*Film in America in the 1970's Go Through A Cinematic Renaissance*

**By: STEPHANIE WILLIAMS**

**Contributing Writer**

The 1970's was a tumultuous decade in American history. While the Vietnam War continued to rage, the United States remained divided between those who supported the war and those who

did not. Meanwhile, the Watergate scandal caused people to become disillusioned with, and lose their trust in, American leadership.

All of these socio-political factors, coupled with the continuing influence of youth culture and foreign films from the 1960's, led to what has been termed the Hollywood Renaissance of the 1970's. This film movement was marked by such characteristics as on location shooting, character driven stories, genre revisionism, and the emergence of new filmmakers. During this time period, the use of graphic sex and violence in a character driven plot continued to characterize new films.

During the 1970s, a new generation of filmmakers began to dominate the Hollywood scene. These new filmmakers sprang from three distinct sources. They were either actors turned filmmakers, foreign filmmakers who began to make Hollywood productions, or the new wave of filmmakers, nicknamed the 'movie brats,' who had been educated in film schools. Martin Scorsese, the director of *Taxi Driver*, was part of this last group.

## THE IPAD FOR VERIZON USERS

November 12, 2010 by [Nisa Martinez](#)  
Filed under [Campus](#), [Technology](#)

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*Verizon is Officially Selling the iPad as Well as Many Other Apple Products*

**By DAVID SLOAN**

**Staff Writer**

Verizon Wireless and Apple have officially set a deal where they are going to sell the iPad. With Steve Jobs establishing a relationship with Verizon, AT&T's worst nightmare has become a reality.

The speculation is that Apple is preparing to introduce an iPhone that is compatible with Verizon in 2011. "I wouldn't buy the iPhone even if it is available," said Avi Felberbaum, senior. "I'd rather stick with my Blackberry."

As of right now, the iPads that will be available to Verizon users will include Wi-Fi access and mobile hotspot devices. Through their network, they will be selling the 16 GB model for \$630, a 64 GB for \$830 and a Wi-Fi only starting at \$500, which AT&T prices for their Wi-Fi and 3G iPads.

With this revelation, AT&T has simultaneously announced that they will be directly selling iPads through their stores. Even though all iPad plans were under AT&T, the mobile phone company

has never had the product at stores for purchase. “I wouldn’t change to Verizon,” said Brian Glickman, freshman. “I’m loyal to AT&T.”

Since Verizon is going to have the iPad available to their users for the holiday season, AT&T is going to have to scramble to keep up. Verizon’s hope is to corner the tablet and cell phone market. Besides selling the iPad, they are also in works to have the new Google Android/Windows tablet in 2011. Feeling the heat, AT&T wants to release the Android tablet produced by Samsung and the new Windows phone for the holidays too.

A problem that seems to occur is that other companies such as T-mobile and Sprint are finding it difficult to keep up with Verizon and AT&T because of their lack to strike deals with either Apple or Google.

With the two companies battling for mobile device dominance, it seems that they will be fighting each other for years to come, but as of right now Verizon looks as though they are going to be the mobile leader in 2011.

## ANNUAL PSYCHIC FAIR

November 12, 2010 by [Nisa Martinez](#)  
Filed under [Campus](#), [Featured](#)

[Leave a Comment](#)

*Would You Like to Know What Your Future Holds?*

**By JORDYN BINKOWSKI**

**Staff Writer**



**Students enjoying the psychic fair and palm reading activities on the Perper Plaza. Photo/ J. Binkowski.**

What if there was the ability to predict the future? Many Lynn students were able to gain insight about their future as well as wander an emporium of magical gifts during the psychic fair hosted by Knights Activities Team in Perper Plaza recently.

“The event was very different from most events on campus, which is why I believe a lot of students attended,” said KAT’s Musician Chair Helena Suba, freshman.

Appointments were available for students to make with some of the five most gifted psychics in the area. Students were able to choose from having their palm read or a tarot card reading.

“I feel like what the psychic told me was accurate,” said Callie Darlin, sophomore.

“The psychic I went to was great. She told me that I was at a point of flux in my life which is true,” said Matt Fischer, senior.

The events put on by KAT this past semester have not been short of a success. “The psychic fair has been the most popular event this academic year so far,” stated Suba. “The Everything but the Mine’s Psychic Fair has been at Lynn previously and a lot of students requested for its return,” said KAT Activity Coordinator Ronnie Minkoff.

Many students attended the psychic fair again this year and enjoyed getting insight about their future. It provided a fun event in the middle of the busy school day.

## HOW TO BE MORE ECO-FRIENDLY

November 12, 2010 by [Nisa Martinez](#)

Filed under [Green](#)

[Leave a Comment](#)

*Tips for Students on How to Help the Lynn Community Become Greener*

**By MARIAH KULKIN**

**Staff Writer**

Lynn students can help the community by being environmentally friendly every day. The whole point for going green is to help the environment by producing less to the Earth.





Recycling is a way to go green. Photo/M.Kulkin.

A major reason why everyone is going green and becoming eco-friendly is due to global warming. Many carbonous gasses from cars and homes contribute to global warming. The atmosphere collects radiation through these greenhouse gases, warming up the Earth and melting the ice caps. Being eco-friendly can help to prevent this.

Instead of driving a car to school, try public transportation. There is a bus stop at the entrance of campus. Riding a bicycle to school is a great way to give off zero gasses and a great workout. Also, carpooling leads to fewer cars on the road, giving off gasses.

Another way to be eco-friendly is recycling. There are recycling bins around campus in various buildings and residence halls. Recycling is a process to reuse materials that is disposed of and turned into other products. This helps reduce air and water pollution. Students can recycle their old books, old papers and certain school supplies. Also all the plastic bottles and aluminum cans used everyday are recyclable.

Some simple ways to be eco-friendly are reusing grocery bags or purchasing inexpensive reusable bags. Buy more organic products that do not harm the environment. Organic clothing is also becoming popular.

Students can also use less energy when in their rooms. Shut off the lights when they do not need to be used, open the curtains and use the sunlight, shut off the air conditioning when not in the room and use energy sufficient products that use solar power.

## **STOP AND LISTEN MR. PRESIDENT**

November 12, 2010 by [Nisa Martinez](#)  
Filed under [Campus](#), [Politics](#), [Politics and More Politics](#)

[Leave a Comment](#)

*Lynn University Students Take the Time to Voice Their Political Concerns*

By **JESSICA COVERT**

**Staff Writer**



Young people have opinions. Stock Photo.

At the present time, there are many problems affecting the world that the government needs to help solve. The American youth has a very strong voice and wants to be heard.

Some believe that the economy is a significant setback that has caused many to not prosper to their full ability. Others believe that security is something that should be looked at closer.

“The security here really worries me,” says Tiffany Robbins, junior. “I think that the government needs to do more to ensure that we continue to be safe from threats.”

“I believe that our economy needs help right now,” says Nikki Schreckinger, junior. “More jobs need to be created to solve this problem. I know I’m not the only one who believes this way, so I hope that the government is listening.”

It was discovered that there were many students who have strong opinions on the topics of security and the economy. These topics are the worries of our generation and they will not stop until there is a solid solution. It is the governments turn to start listening to our voices, because although we may be young, we have a lot to say.

## **A SOLDIER’S STORY**

November 12, 2010 by [Nisa Martinez](#)

Filed under [Featured](#), [Profiles](#)

[Leave a Comment](#)

*Lynn Student Tells His Story of Military Service This Veteran's Day*

**By NICOLE THAW**

**Staff Writer**



Souto and his fellow soldiers prepare to remove Saddam Hussain's body. Photo/Al.Souto.

Alex Souto, senior, spent four and a half years serving America in Iraq as a Sergeant for the 75th range regiment and the 82nd airborne division.

Souto joined the army after high school and spent his active duty in Iraq, as well as helping out in New Orleans during and after Hurricane Katrina hit. Souto, a business major, has tremendous love for his country.

"I enlisted because I was old enough and I wanted to serve my country," said Souto. "I think everyone that is physically capable should serve." While in Iraq, he was experiencing the moments that the world watches on the news, and making history along the way.

"Me and a couple of my buddies picked up Saddam Hussein's body from where it was hung in Baghdad and brought his body over to its final resting place in Tirkat," said Souto.

As a Sergeant, Souto had great responsibility. "The hardest thing was not showing my soldiers fear. If they saw fear then they would know something was wrong," said Souto.

For everyday a soldier spends in Iraq, they are lucky to be alive. "You feel isolated. You don't know if you're ever coming home; you don't know if your next mission is your last mission," said Souto. "Iraq was a lonely place; you feel isolated. It was a place someone can feel alone in a matter of minutes. We each coped in our own ways. We would go to the gym, play video games or go off and sulk on our own."

While it was a difficult experience, he was able to find positive aspects of being in Iraq. He managed to become friends with many of the soldiers. “I made quite a few friends in the military who I still keep in contact with today. I also made quite a few enemies,” said Souto.

The military helped him realize the kind of profession he would like to have when he graduates. “I learned that I want to work for myself because being in the Army you’re not in control; you are being told what to do 24/7,” said Souto. “If I work for myself, I can be in charge of myself at all times; I can be in control of my destiny.”

While life as a soldier was not easy, Souto’s love for America outweighs the hardships and he is contemplating returning to the army after graduation as an Apache Pilot.

## CHOLERA OUTBREAKS IN HAITI

November 12, 2010 by [Nisa Martinez](#)  
Filed under [Politics, Politics and More Politics](#)

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*The Already Desperate Country Suffers From Another Dangerous Situation*

**By ANA LOPEZ**

**Staff Writer**



A little boy in Haiti is carried by a volunteer. Stock.

For the first time in 50 years, Haiti experienced a cholera outbreak which swept panic throughout the country. The disease had killed 250 people and left 3,000 others suffering it. It originated in the Atribonite region of Haiti and is feared to spread to the capital, Port-au-Prince.

Soon after the outbreak, the United Nations sent out relief workers, promptly establishing treatment centers and providing people with clean water and medicine. Despite the helpful relief work being provided to Haiti in such a time of need, it is possible that the outbreak occurred largely as a result of the devastation left by the earthquake, forcing many to live in slums and tents. This has inevitably led to a lack of sanitation and access to clean water for many.

Cholera is typically a water-borne bacteria which takes hold in a person's intestines and can kill people very quickly through dehydration. It often causes victims to lose about 10 quarts of water every day through vomiting and diarrhea. It can be treated by staying hydrated and sometimes taking antibiotics. Often doctors use water with salt or sugar in it to help a victim's electrolytes from depleting too much.

Cholera originated in India in the 1800's and killed several million people at the time. In order to stay safe from cholera outbreaks it is important to use sanitary, safe water and to remember to stay clean. Cholera usually occurs due to a serious lack of sanitation and can often occur during floods or after disasters.

Haiti has suffered through hard times this year and one can only hope resources can reach these areas that are in dire need of aid.

## GOURMET MEALS AT LOW PRICES

November 12, 2010 by [Nisa Martinez](#)  
Filed under [Best of Boca](#), [Food](#)

[Leave a Comment](#)

*Boca Raton's Specialty Market has it all for Students and Anyone to Enjoy*

**By DESTINY GOLDEN**

**Staff**



Italian homemade recipes can be found in this market. Photo/ D. Golden.

Situated just north of the Lynn campus on Military Trail is the specialty store Joseph's Classic Market, where students and faculty can go to stock up on gourmet food items.

Though it is so close to campus, a lot of students are not familiar with Joseph's. "I haven't eaten from there, but I heard it's really good," said Nicole Thaw, junior.

While Joseph's offers an array of fresh produce, seafood and meat, they also have a prepared food section. The prepared foods are "made fresh in our own kitchen every day," as stated by their Web site. This is perfect for the student who wants homemade food, but does not have the time to prepare it.

Also offered in the prepared food section is a lunch special for only \$4.99. The lunch special includes an entrée and two sides.

What is great about Joseph's is all the mouth watering desserts to choose from. The bakery offers cakes, brownies and other specialty desserts. The cakes are fresh and full of flavor.

The service at Joseph's is fantastic as well and everyone is friendly and helpful. They truly live up to what they state on their Web site, "Our goal is to bring the best product to market with a personalized service that transcends into every area of our business."

With three locations in Palm Beach County, the Joseph's Classic Market nearest to campus is at 5250 Town Center Cir. Their hours of operation are Monday through Saturday 8 a.m. to 8 p.m. and Sunday 8 a.m. to 6 p.m.

## PARENT HIDES OUT ON CAMPUS

November 12, 2010 by [Nisa Martinez](#)

Filed under [Campus](#)

[Leave a Comment](#)

## *A Silly and Satirical Look at a Parent Who Took Families Weekend Too Far*

**By CASEY DOLL**

### **Staff Writer**

The recent Parents and Families Weekend at Lynn was greatly enjoyed by most students who received special visitors for a few days. However, there has been news of one student who has had an extreme experience. Bailey Jacobs, a fictitious sophomore, has undergone a mysterious improvement in his grades and general demeanor, along with a dramatic decline in his social life. Friends of Bailey suspect this radical change is due to the recent visit from his mother.



Parents reprimand their children. Stock Photo.

“I didn’t even know that B-Dog was white,” says one ex-friend of Bailey. “Ever since his Ma came he lost his swagger; it’s totally wack.” The school nurse and local medical doctors are baffled by the sudden change of Bailey’s skin color from a Hispanic brown into a pasty white color. Aside from his skin color, Bailey has also sold off all of his “Ed Hardy” and “Affliction” t-shirts and has begun wearing long sleeved shirts with v-neck vests.

Bailey’s professors are more curious as to how he has improved his schoolwork so quickly. Some believe that his mother has recently completed all of his assignments, while others speculate that his mother has locked Bailey in his room for the duration of the weekend and forced him to study.

The cause of this radical change is still unknown, but the story of his recovery is shocking. After Families Weekend, Bailey would no longer return texts or calls from his friends. Even after banging on his door and inviting him to go “mack on some mad honeys,” Bailey refused to leave his room or interact with anyone. After heroically smashing down his door, Lynn Security found Bailey sitting on a stool in the corner of his room with his head down, crying. When asked what happened, Bailey replied that he was on “time out.”

## **FIGHTING FOR THE WORLD CUP**

November 12, 2010 by [Nisa Martinez](#)

Filed under [Featured](#), [Profiles](#)



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*Fighting Knight Melissa Ortiz Gets a Once in a Lifetime Experience*

**By JOEY ARGENZIANO**

**Staff Writer**



**Ortiz. Photo/Brad Broome.**

The odds of becoming a professional athlete are very slim. The odds of playing in a prestigious tournament to represent your country are even slimmer. With years of hard work and dedication, Lynn University student-athlete Melissa Ortiz can consider herself in the elite of women soccer players under 20 years old. This summer, the Fighting Knight found herself in Germany playing for Colombia in the 2010 World Cup for Women under 20.

The West Palm Beach native started playing soccer at the age of two, after picking up the game from her brothers. “My brothers have been influential since I was young; I consider them my role models,” said Ortiz. “They would train me when I was younger and still do to this day, give me advice on how I play and what I can work on. They have pushed me to be at the top of my game, whether it is performing at the college level or even for the national team.”

After tallying 123 points at Cardinal Newman High School, Ortiz decided to showcase her talent at Lynn, impacting the women’s soccer team right away. Ortiz had 43 points her freshman year including 17 goals and continued to dominate as a sophomore when she led the Sunshine State Conference in goals (14) and points (37).

Watching Ortiz, fans could witness her incredible speed, phenomenal offensive skills and her amazing ability to score. She caught the eye of Colombian soccer officials. The coach contacted



Ortiz to play in the World Cup, but she had to beat out many other hopeful prospects. From the national pool, Colombia selected 40 girls to tryout. Trying out was enough of an honor, but Ortiz gave it her all for her country to be one of the 21 players earning a spot on the team. The first people to find out the good news were her brothers. They were very proud that all of her hard work paid off, while Ortiz's parents rejoiced as their daughter would represent their native home. And over the next few months, the only thing on Ortiz's mind was soccer. "It was intense during training. We would just do our daily routine for three months – eat, sleep and play soccer. The coaches would take away our cell phones and computers so that we could focus and have no distractions. That also helped our team to become closer."

Ortiz played in five games throughout the event. The first match was Germany, who eventually went all the way to become the World Cup Champions. Colombia lost 3-1, but it was the most memorable for Ortiz, making her claim to fame by scoring Colombia's lone goal in the match. Taking in a pass from her teammates for a breakaway, Ortiz juked out the goalie and scored what might be the biggest goal of her life. There is even a video of her scoring the goal on Youtube and Facebook.

Ortiz is not only an amazing soccer player and a humble, caring person, but she is also a leader, bringing her team to the semi-finals, where they unfortunately lost to Nigeria. "Being in this summer's World Cup was my best accomplishment [thus far in my career], but I want to do better. I want to play again next summer for Colombia in the 2011 Women's World Cup in Germany and try to get gold."

# DETERMINING DAILY INTAKE NEEDS

November 9, 2010 by [Nisa Martinez](#)

Filed under [Health & Beauty](#)

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*Students Trying to be Healthy Should Determine Calories Needed Each Day*

**By KALA ABDELL**

**Staff Writer**



The amount of calories an individual consumes depends on one's resting metabolic rate (RMR), the total number of calories needed to perform daily activities and the caloric needs for physical activities.

There is a formula to estimate the amount of energy burned up while at rest (RMR).

The next important step is to determine what the minimum is and what the maximum is. The minimum represents the number of calories needed for a day that does not involve much activity. The maximum represents a day where there is a rigorous activity.

To determine one's minimum (MIN) and maximum (MAX) one must follow this equation.

For fairly active individuals:

Men (min/max) = 55/65 percents women (min/max) = 50/60 percent

For very active individuals:

Men (min/max) = 85/95 percent, women (min/max) = 70/80 percent.

To determine the minimum and maximum an individual takes their RMR and multiplies it by the percentages that fit them best. For example, for a football player who is very active he would take his RMR and multiply it by 85 percent to get his minimum caloric intake. He would then multiply his RMR by 95 percent to get his maximum caloric intake.

After determining this one can play with the numbers depending on whether they wish to lose, maintain or even gain weight. By altering what you are taking in you can adjust your weight.

# PLASTIC MAKES PEOPLE PERFECT

November 9, 2010 by [Nisa Martinez](#)  
Filed under [Health & Beauty](#)

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*Rachel Levenson Dives into Americans Unhealthy Obsession With Plastic Surgery*

**By RACHEL LEVENSON**

**Copy Editor**



Above: Plastic surgery. Stock.

The public at large is becoming more accepting of plastic surgery and the idea of surgically changing your body. The media portrays a prototype for beauty. We all idolize and envy the famous people of Hollywood, because they are pretty, talented and seemingly perfect.

If one does not know who Heidi Montag is, she was in a reality show called “The Hills” on MTV. She had ten cosmetic procedures in one day, due to her own disapproval of how she looked. Clearly, the pressures of Hollywood heavily influenced her.

“I think she’s crazy,” said Rachel Campbell, junior. “She was pretty beforehand and now she just looks plastic. I think it had a lot to do with pressure from her husband and Hollywood.”

America is fed the idea that one has to look a certain way to be beautiful. The media is largely to blame. They advertise plastic surgery everywhere; it is a huge business. Advertisers are offering services that scream “Cheap plastic surgery! Come get your cheap plastic surgery!”

“I personally would not get plastic surgery, but if it would make someone feel better about themselves then they should do it,” said Heather Weiss, senior. “I do feel that someone should do it for themselves, not to please anyone else.”

Often, people get plastic surgery because they are insecure about a certain part of their bodies. Insecurities about their body can cause severe unhappiness and lead to depression. People are willing to go to the extreme to feel and look “perfect.”

“You can either live with something or you can fix it,” said Sarah Stubins, junior. “It won’t necessarily fix your problems and make you a secure person, but it may help.”

According to the American Society for Aesthetic Plastic Surgery, Americans between the ages of 18-24 are more likely to approve of cosmetic surgery than those in any other age group.

“Critics say that teenage girls, who tend to be both obsessed and dissatisfied with their looks, are too young and shortsighted to understand the implications of surgery,” cautioned Sandra G. Boodman in a Washington Post article.

Regardless of the recession, people are willing to invest their savings in bettering their physical attributes in order to feel better inside. People are paying for happiness.

It is clear that the media is contaminating society’s idea of beauty and what is valued as meaningful. They project that the people in magazines, movies and models are perfect people. If you were handed an opportunity to go “under the knife” to change your physical appearance, would you?

## **LYNN PROMOTES WELLNESS FAIR**

November 9, 2010 by [Nisa Martinez](#)

Filed under [Campus](#), [Featured](#), [Health & Beauty](#)

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*Student Clubs and Organizations Promote Healthy Life Choices*

**By RONNIE MINKOFF**

**Staff Writer**



Students and staff of Lynn participate in healthy event such as yoga and massages, at this year's Wellness fair. Photo/Rita Albert.

The fourth annual Wellness Fair will be held today from 11 a.m. to 1:30 p.m. on the Christine's Lawn.

There will be a variety of activities taking place during the event to promote health. Numerous clubs and organizations will be on hand during the festivities. Knights Activities Team is having batting cages and basketball hoops. The Lynn Video Gaming Club will have Wii Sports available for participants.

“We hope that the students will have a better understanding of wellness,” said Jon Volpi, area coordinator. “We are covering all aspects of wellness.”

In addition to the clubs and organizations having booths, there will be pedicures, manicures, an oxygen bar, massage therapies and raffles with prizes.

“I think it will be a lot of fun and it looks like there is a lot of effort being put into the event, hopefully a lot of students will go,” said Gina Bogacki, sophomore.

Students will also be able to have their blood pressure and cholesterol checked, as well as having access to a dermatologist.

“We would like the students to gain knowledge about wellness issues,” said Rita Albert, Director of the Health Center. We would, “also like students to participate in the activities and take advantage of the health screenings.” All are encouraged to stop by the wellness fair and take part in the numerous activities.

# AMAZING YOUNG, FRESH AND NEW BAND

November 5, 2010 by [Nisa Martinez](#)  
Filed under [Lifestyle](#)

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*Young Artists Are Taking The Spotlight in Performances*

**By AMELIA DOUGHERTY**

**Staff Writer**



Perez during a recent concert. Photo/A. Dougherty.

Ellie Perez, a junior from Radnor, Pa., may seem like the average high school student, but her talent is anything but average.

Perez is an up and coming artist ready to take center stage. She recently performed with the young artist series at the Steel City Café in Phoenixville, Pa. There was a series of four groups playing. “It was good,” said Perez. “I had a lot of fun.”

Perez first showed audiences her talent in the eighth grade musical at Radnor Middle School where she had a small role and solo. She continued to craft her talent and her schooling at Radnor High School.

She describes her music style as Folk music with inspirations from bands like Radiohead, Pink Floyd and Led Zeppelin. She wants to continue her career, “I’m not signed but hopefully I will be. I plan on applying to different colleges and majoring in performing arts or music education so if my career doesn’t take off I can have something to fall back on.”

Perez seems to have the future planned out; maybe one will see her at the Grammy’s one day. To hear music from Perez, visit [www.myspace.com/ellieperezmusic](http://www.myspace.com/ellieperezmusic).

## EASY FASHION TIPS FROM DAY TO NIGHT

November 5, 2010 by [Nisa Martinez](#)  
Filed under [Lifestyle](#)

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*Take An Everyday Look and Spice it up For The Evening*

**By JENNA MURRAY**

**Staff Writer**



Example of day and night. Photos/J. Murray.



It is a busy world out there for students. Sometimes there is just is no time to change a whole outfit before a night on the town. There are many easy steps to go from a day time look, to a fabulous night time look that will make jaws drop.

The first tip is to always be prepared. Although one may never know when those plans will come, having a starter kit ready will always come in handy. One may have a day bag that is brought to every class, but to be prepared, throw in a small clutch, and go from day time laptop bag to festive clutch.

Hair is an important part of a look. If ones hair has been up all day, throw it down and give it a shake. Teasing hair can be a must. After a long day of classes, hair can get flat but the more body the better. If dealing with frizzy or creased hair, a low bun to the side is a classic look.

When it comes to shoes, throw on a pair of cute heels and dance the night away. Shoes can easily take one from a day to night look in a matter of seconds. Heels exude ones femininity and elegance of a look. It is a small change, with massive improvement.

The beauty aspect of spicing up that day time look can be as easy as 1, 2, 3. A red lip is nothing short of getting one noticed. It screams power and draws the eye right to those voluptuous lips. A smoky eye can also be done fast. Adding another coat of mascara and black eyeliner can really change the look.

“It’s really easy,” said Kelsey Cesar, sophomore. “I hate being in a rush to go out and having to go through my closet and figuring out what to wear. I’d rather just change my shoes and makeup and be out the door.”

“My number one rule is to be comfortable in whatever you’re wearing,” said Deborah Nabosse, sophomore. “Confidence helps with whatever you’re wearing day or night.”

There is no need to stress about going out after class or even after work. Follow these simple guidelines, the stress will be eliminated and the night will be in full force.

## **GIRL POWER**

November 5, 2010 by [Nisa Martinez](#)  
Filed under [Lifestyle](#)

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*Wanting to be Forever Young*

**By KASEY MANN**

**Staff Writer**

Sitting up late at night, watching an episode of “The Nanny” that I have seen roughly twenty times before in my life, I cannot help but appreciate the little bit of nostalgia that has hit me. The television shows or movies that we grew up watching seem to remain timeless; we are all guilty of owning a favorite Disney movie to this day. I wonder if these small items in our lives are all we have to keep the child burning inside as the years go by.



Whether you have heard the Rod Stewart version or last year’s hit by Jay-Z, we all use our imaginations wondering what it would truly feel like to be “Forever Young.” Although most of us already worry about wrinkles and anti-aging creams, I’m more fearful of how quickly time is flying by.

I realize now that to this point in my life there are many moments that I never really took in for all they were; I never took enough photos and can barely remember some of the best times I had as a child.

Take the time to think back on your favorite moments, get in touch with a long lost friend, or stay in on a rainy Sunday and watch all the classic movies that will take you on a comforting trip down memory lane. All the while be sure to keep up with the times and realize that every hour which passes us by can never be taken back. Put yourselves out there!

Every Monday my roommate and I have vowed to try a new restaurant that we have never been to before. Try something new and enjoy growing up. Maybe being forever young would not be as fabulous as it sounds. Although I’m trying to soak in the greatness of life that comes with age, it’s a hard pill to swallow thinking that all I have are a few photos and memories to accumulate for twenty years of living.

May I ask. is time our friend or foe?

## SATIRE COLUMN

November 5, 2010 by [Nisa Martinez](#)  
Filed under [Lifestyle](#)

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*Student is Convinced of a Halloween Tale*

**By CASEY DOLL**

## Staff Writer



A satirical way of portraying the help that students need. Photo/C. Doll.

There are many people who sometimes like to pretend that they are other people or characters. This is usually just a harmless hobby, however it can also be taken out of proportion and lead one down the dangerous path of escapism. Jacob Balot, junior, appears to have allowed his alter ego to consume his past identity. This is what Jacob has to say about his new identity, Helper Man.

IPulse: Thank you for your time Jacob, it is much appreciated.

Jacob: No problem at all, but Jacob no longer exists. My name is Helper Man.

IP: I apologize Helper Man, please let us continue.

Helper Man: Of course Casey, I am here to help.

IP: Could you tell us about how you have come to gain your powers?

HM: It all started when I was figuring out what I wanted to be for Halloween. I found some stuff around my room and turned it into a Helper Man costume. Whenever I put it on, a great gust of wind and leaves blew through the room, even though I was inside.

(someone drops their pen, Jacob picks it up)

HM: A bolt of lightning shattered the floor with light and a voice told me that I needed to help people for as long as I wear this costume. And that was the birth of Helper Man.

IP: Who was the first person that you helped?

HM: I was on my way back to school from the store and I noticed that there was an old lady trying to cross the street. So I ran to her side and told her that I would help her by putting her out of her misery. She slapped me in the face and then died of a heart attack.

IP: Very interesting, do you ever have to hurt anyone to help someone else?

HM: Well there was this one time when I saw an ice cream truck on the corner, there was a little girl and a grown man that ran up to it. The little girl got her ice cream and the grown man was crying. I went to the grown man and asked him what was wrong. He said that the little girl got the last piece of ice cream, so I went to the little girl, pushed her down, took the ice cream, and brought it back to the grown man, who afterwards died of a heart attack.

IP: Who's the most famous person that you've helped?

HM: The most famous person that I helped was Michael Jackson. I came into his house and he was about to take the wrong amount of medication. I stopped him before he made this grievous mistake, but for some reason he died of a heart attack anyways.

IP: Thanks for the help, Helper Man.

HM: No problem Casey, that's my job.

# CHRISTINE'S: LYNN'S LITTLE COFFEE SHOP

November 5, 2010 by [Nisa Martinez](#)  
Filed under [Campus](#)

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*Lynn Offers a Delicious, But Humble Oasis in the Heart of Campus*

**By DESTINY GOLDEN**

**Staff Writer**

Lynn offers students a relaxing atmosphere at Christine's, which has proven to be more than just a coffee shop.

Christine's is a humble oasis that allows students to come together, study or talk over a wide selection of beverages. Cristina Rodriguez, grad student, says she comes to Christine's, "To be relaxed."

Located in the heart of campus, Christine's is situated south of the Green Center and east of the book store. Being so close to the Student Center, it can at times draw a rather large crowd. Lauren Marianino, sophomore, said, "It's convenient and it's quicker than going off campus."

While Christine's does offer sandwiches, wraps, salads, fresh fruit and soups, they are known for their extensive selection of Starbucks beverages. With a variety of coffees to espresso, and specialty drinks, the employees at Christine's can make a drink just as well as any Starbucks barista.

Even though Marianino prefers the white chocolate mocha iced and Rodriguez the fresh squeezed orange juice, employee Claire Seckinger said, "Caramel Macchiato and Mango Madness Smoothies are the popular items this year."

Christine's is open 7:30 a.m. until 9 p.m. Monday to Thursday and 7:30 a.m. until 4 p.m. on Fridays. Whether it's before, after or between classes, Christine's is the perfect place to go for a relaxing time and a great beverage.

## OPINION ON OBAMA'S PRESIDENCY

November 5, 2010 by [Nisa Martinez](#)  
Filed under [Campus](#), [Politics](#), [Politics and More Politics](#)

[Leave a Comment](#)

*What Students and Professors Think About Him After Two Years in Office*

**By ROBERT NOBREGA**

**Staff Writer**

In 2008, people were calling from the roof tops of basically every building in America that we needed change in our politics. That's when Barack Obama, a pretty unknown Senator from the state of Illinois, rose up and beat Hillary Clinton and John McCain, two of the biggest names in American politics to win the Presidency.

During President Obama's first year and a half in office, he has done work on many policy issues from Healthcare reform, Wall Street reform, and the American Recovery and Investment Act.

At the halfway point in Obama's term, Ipulse wanted to see what people here at Lynn thought about President Obama and the work he has done thus far.



“President Obama has been one of the most productive President besides Franklin Delano Roosevelt and Lyndon Baines Johnson,” said Robert Watson, Director of American Studies.

“He hasn’t done anything. He’s one of the worst, if not the worst, President we have had,” said Ryan Digiose, sophomore.

“Obama should have focused on jobs and the economy instead of healthcare,” said James Boris, senior.

“I think he is doing a phenomenal job because he is showing leadership in a time of crisis,” said Rachel Lallas, freshman.

“I respect him very much because he is keeping a lot of his campaign promises,” said Lee Greathouse, sophomore.

“President Obama has done so much and gotten so little credit for his achievements,” said Leo Carrillo, junior.

## “THE CONFORMIST” AND “BLOWUP”

November 5, 2010 by [Nisa Martinez](#)  
Filed under [Entertainment](#)

[Leave a Comment](#)

*Two Films To Showcase the Work of Italian Cinema in the 1960s and 1970s*

**By: VICTORIA CANZIO**

**Contributing Writer**

Bernardo Bertolucci is well known today for his 1960's-1970's work. As with many films of this era, Bertolucci's controversial film "The Conformist" (1970) is politically charged. The film criticizes Mussolini's Fascist government by addressing unspoken feelings in Italian politics. "The Conformist" was nominated for the Golden Globe and the Academy Award, and is still greatly admired to this day.

"The Conformist" is told through the juxtaposition of past (flashbacks) and present via the main character's identity search. Marcello Clerici who strives for conformity, attempts to join the Fascist police. As the film evolves we learn that Clerici's greatest struggle to conform is internal rather than an external one. Clerici attends confession, where he professes his past to a priest during which he explains his difficult childhood being bullied, his homosexual experience, and the murder of the man who took advantage of him. Through other flashbacks we learn that Clerici is an Atheist who attends confession in order to receive the consent of his fiancé's parents, and that the marriage itself is only set to qualify him for the job that he desires.

By the film's end, Clerici's oppressed sexuality and his descent to Fascism lead to the assassination of his mentor. His actions suggest that he has sacrificed his own morals and values for a failed attempt to "conform" to society.

The film's political theme is quite bold and captivating for the viewer. In stark contrast to the cowardly character of Clerici, Bernardo Bertolucci's breakthrough film is demonstrative of a director who effectively utilized the medium. "The Conformist" is therefore highly recommended.

**By: BRIAN SUSBIELLES**

### **Staff Writer**

It's 1966. The counterculture movement is in full swing and the youth of London are getting swept up in it. This is the setting for Michelangelo Antonioni's film "Blowup" (1966).

"Blowup" was the first of Antonioni's three English-speaking productions made in collaboration with MGM studios. Antonioni had already established himself as a director in Italian art films with his disconnected plots and innovative use of the camera. With a solid reputation in place, he teamed up with legendary producer Carlo Ponti when he transitioned into the English-speaking film spectrum.

The story of "Blowup" follows a fashion photographer named Thomas who, after finishing up a fashion shoot, decides to leave his studio and wanders into a park. He photographs a romantic couple from a distance, only to have the woman demand that he give the roll of film to her. Thomas refuses to do so and her insistence only incites his curiosity. When he develops the pictures and "blows up" one of the images, he uncovers what appears to be a crime-in-progress.

"Blowup" shares similar characteristics with other Antonioni films, such as long takes, long periods of time with no dialogue, and some random moments with little or no meaning. The music was scored to capture the feeling of the time, using a combination of rock and jazz

conducted by Herbie Hancock. The film was a success both in the box office as well as with critics, and was nominated for Best Director and Best Original Screenplay at the 1967 Academy Awards.

“Blowup” represents a time in history when the world was changing along with the vision of cinema. It is a movie where patience and understanding is needed on the part of the viewer. It is not the typical flick to be mindlessly enjoyed with little or no thought. To many, this film is a masterpiece which requires intent active viewing.

## A LOOK AT EURO-AMERICAN FILM

November 5, 2010 by [Nisa Martinez](#)

Filed under [Entertainment](#)

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*Italian Cinema in the 60s and 70s and the Euro-American Art Film*

**By: STEPHANIE WILLIAMS**

**Contributing Writer**

During the 1960s and 70s, the United States was hit by an explosion of European art cinema. While this influx of new, innovative, politically charged cinema was at first only recognized in the underground art house setting, its popularity quickly grew due to the dramatic impact these films had on American youth culture. This growing influence eventually led to Hollywood’s adoption of European art cinema characteristics in its own style. During this same time period, art cinema was still strong throughout Europe, particularly in Italy, where the traditional group of auteurs from Fellini’s generation was working alongside a new group of directors, including Michelangelo Antonioni, Bernardo Bertolucci, and Pierre-Paolo Pasolini. However, with the popular explosion of European art cinema in America during the 60s and 70s, a new mode of production emerged labeled by film critics “The EuroAmerican art Film.”

The term “Euro-American art film,” just like the term “film noir,” did not come into being until after the passing of the phenomena that it describes. The reason for this delay in categorizing the movement logically stems from the fact that the common characteristics linking together the films of a particular movement cannot be deduced until there exists a substantial body of works between which parallels can be drawn. In other words, it is not until the movement has passed that it can truly be reexamined and defined. It is with this knowledge in mind that Peter Lev conducts his analysis of the Euro-American film in his book titled “The Euro-American Cinema.”

According to Lev, the goal of the Euro-American art film was simply to increase the range of exposure of art films through the combination of European art cinema and American entertainment cinema. The basic characteristics shared between these films are described by Lev



as follows: 1) Euro-American art films prominently utilize the English language, 2) one of the key filmmakers is a European director, 3) the film has been created after 1945, 4) the budget of the film is generally larger than that of most European art cinema, 5) the collaborating filmmakers must represent at least two different countries, while some or all of the actors are native English speakers, 6) the film employs traditional characteristics of European art cinema as well as traditional characteristics of American cinema, and 7) the European-American art film somehow emphasizes the meeting of European and American culture.

The two films to be reviewed this week, *Blow Up* and *The Conformist*, are particularly relevant to a discussion of cinema during this time period. *The Conformist*, directed by Italian filmmaker Bernardo Bertolucci, provides the viewer with a vivid example of European art cinema. On the other hand, *Blow Up* is an early example of the Euro-American art film, and is the first of a series of three English-speaking films that Italian filmmaker Michelangelo Antonioni directed for MGM.

## CREATIVE WRITING CLUB CORNER

November 5, 2010 by [Nisa Martinez](#)

Filed under [Campus](#)

[Leave a Comment](#)

*Join the Creative Writing Club and Express Feelings*

Looking for Angels

**By ISABELLA TORRES**

**Contributing Writer**

Feeling of hopelessness

fill my heart as I see the

fear in the other's eyes

fearing that they're losing their

reason to live,

Looking for something to

fill their hearts one more time

You Make Me

**By JUSTIN DURAN**

**Contributing Writer**

You make me....

FEEL

As if I have no feeling

NUMB,

To the world surrounding us

Concealing,

Passion as if it was solely ours for the taking

without the need for a  
lost life,  
Seeking the guardian to make  
a simple humble change  
for they fear that the place  
they call home will be desensitized  
by the lies of the world,  
We want a reason to live  
and to make a generation that will turn  
back a nation with people passing by  
and walking down the streets one thing  
is made clear,  
Every angel shows up in the strangest of places. So that brings me back to where I've begun.....  
You make me!

Constantly meditating  
Upon your blissful words,  
As preserves  
Capable of sustaining life and love  
Because when push comes to shove  
Into your heart I do plunge  
Like a sponge  
I seek to retain,  
All of who you are just so I may gain  
All of me  
Because we  
Are one,

## REASONS TO VISIT THE CAREER CENTER

November 5, 2010 by [Nisa Martinez](#)  
Filed under [Campus](#)

[Leave a Comment](#)

*Learn Why it is Always Important to Visit The Career Center*

**By JEFF HOROWITZ**

**Contributing Writer**

With the advent of fierce competition caused by the global economy, students need a competitive advantage to succeed after graduation. In order to gain an advantage, students should acknowledge a common resource that is sometimes overlooked: the Career Center.

The Career Center offers students an opportunity to explore various options for career goals and provides detailed information about potential employers. In order to utilize the Career Center resources without worrying about additional expenses, services are free of charge for the students and alumni.

According to a recent National Association of Colleges and Employers study, students who took advantage of their career center's resources earned on average \$41,714, while other students who did not utilize the resources of the career center earned \$35,978. This difference of \$5,736 will make an impact on a student's standard of living and future decision-making. For example, students who utilize the career center four or more times per semester were more likely to obtain job positions of their choice as opposed to students who did not take advantage of the career center. A Lynn student recently stated, "I am very grateful for my frequent visits to the Career Center where I picked up the necessary tools, which helped me sell myself during multiple job interviews."

In addition to career decisions and job opportunities, the Career Center has introduced the Employer Research Report, a novel service for students. This service provides interesting and intriguing details on local employers. These details include but are not limited to: history and objectives of the company, plus the different types of advancement opportunities offered by a company. To further the interaction between the students and the Career Center, a questionnaire will be given to each student who reads the report. The primary function of the questionnaire is to give the students an opportunity to express which companies they would like to learn about for their future success after graduation.

Students wanting to be prepared for the job market once they graduate should consider the Career Center as a place to develop a plan for the future. All are encouraged to stop by and make an appointment.

## A SEASON CLOSING WORTH WATCHING

November 5, 2010 by [Nisa Martinez](#)  
Filed under [Athletics](#), [Campus](#)

[Leave a Comment](#)

*The Womens' Volleyball Team Celebrates Their Final Home Match*

**By KALA ABDELL**

**Staff Writer**



The Volleyball team unites to prove their strength and support before every match. Staff Photos/ K. Abdell.

On Nov. 6 at 4 p.m. the Lynn Fighting Knights Volleyball team will be playing their final home match of the season against the University of Tampa Spartans.

For the seven seniors on the team, this match marks the final chance to take on their biggest rival. The Spartans are currently ranked number one in the region with an overall record of 15-1. The Fighting Knights as of now are ranked 5th in the region with an overall regional record of 14-5.

After a tough loss to Tampa in the beginning of the season, the team is eager to go out and prove themselves.

This game is going to be quite different from the other home matches this year. Since it is the final closing home match for the Fighting Knights there will be some special recognition of the seven seniors who have made such a contribution to Lynn's volleyball team the past four years. It is a special moment to recognize the seniors, their contributions and importance to the program.

"I feel excited and extremely anxious." said senior libero and All-American, Lacy Redwine. "I can't believe it is already here. I want to be sure to make the most of it." This is a huge moment for these seniors; all of whom have been waiting four long years to reach this point. It will be a game of pure excitement and memorable moments.

## **NETFLIX TAKES OVER BLOCKBUSTER**

November 5, 2010 by [Nisa Martinez](#)

Filed under [Technology](#)

[Leave a Comment](#)

## *Netflix Has Become The Leader in Movie Rentals Leaving Others Aside*

**By DAVID SLOAN**

### **Staff Writer**

In this generation of new media and computer generated entertainment, corporations that have not been able to delve themselves into the new age world of technology have been quickly dissipating out of the public.



A student checks the Netflix Web site. Photos/D. Sloan.

Blockbuster, which has been the leader in movie rentals in the past, has officially filed for chapter 11 bankruptcy this September. Due to their lack of sales and late attempt at trying to invest into the online rental service, the video rental chain has fallen into more than \$900 million of debt and the company that officially pushed them out is the online video rental company, NetFlix. With the ever changing world of technology, NetFlix was before its time.

“I love Netflix,” said Cedrica Yapp, senior. “I have an account and I use it all the time.”

“I have Netflix,” said Jepaul Jones, senior. “I watch movies all of the time by renting the DVD’s online.”

As of June 2010 Netflix has more than 15 million subscribers, but even the rental giant is feeling the same heat that Blockbuster was feeling.

Right now the fight for entertainment dominance is through online television, which might mean the end of the DVD era. The company made it possible for patrons to order movies through the internet. According to the New York Times, already 61 percent of their users are utilizing online streaming opposed to their online DVD orders.

Still, the online giant is falling into some troubles due to viewing rights with production companies; Netflix has not been able to latch onto certain popular shows and movies. Right now

they do not have the rights to input any of the new episodes of the highly popular show The Office into their Web site, but are only able to play reruns.

While the company struggles to secure rights with the big production companies, other groups are taking away potential business deals.

YouTube, which is owned by Google, recently hired Netflix former Vice President and has made a major content acquisition with Lions Gate Entertainment to be able to play their movies on the website. This is important because of YouTube's implementation of their online rental service.

The importance of acquiring online streaming entertainment is crucial for any entertainment organization to survive. With companies such as Hulu striking deals with NBC and News Corp, and YouTube with Lions Gate, only time will tell who will reign supreme within the online streaming world.

## RAHM EMANUEL, MAYOR OF CHICAGO

November 5, 2010 by [Nisa Martinez](#)  
Filed under [Politics, Politics and More Politics](#)

[Leave a Comment](#)

*Obama's Former Chief of Staff is Taking on a New Political Position*

**By JESS COVERT**

**Staff Writer**



Only one day after the opening of his campaign Web site, Former White House Chief of Staff for the Obama administration, Rahm Emanuel came to the Chicago area to hear what Chicagoans have to say about what they want from their next mayor. He realized quickly that his agenda as Chicago's mayor would be very different from his former job.

The hurdles that he had to overcome quickly came into view. There were two different groups that Emanuel was confronted by. Many people were more than happy to shake hands with

President Obama's former right hand man and potential new mayor. However, there were some people who still questioned his real intentions.

Emanuel campaigned at many Chicago locations during his visit including a downtown train station and a south side restaurant.

Some Chicagoans had also never even heard of Emanuel so they had concerns that citizens wanted resolve before they cast their ballot. Some of these were unemployment, education and crime. The people of Chicago seem to only want to make sure that Emanuel will keep his word and make a difference. "Well, it will be interesting to see if he really does keep his word. Politics can be tricky, because you can never know whether a person is really telling the truth until it's too late. I hope that this isn't one of those cases," said Tiffany Robbins, junior.

There is one factor that may be in Emanuel's favor, the close ties that he has with President Obama. Obama, who is also from Chicago, worked as a community activist on the south side and remains popular in that area.

"Being close with the President and knowing that Obama is from Chicago will definitely be a big help for Emanuel. I think it will help him if anything," said Nikki Schreckinger.

## ROLLING TO CLASS IN A NEW WAY

November 5, 2010 by [Nisa Martinez](#)  
Filed under [Campus](#), [Lifestyle](#)

[Leave a Comment](#)

*Skateboarding is a Fun, Popular and Quick Way of Getting to Class at Lynn*

**By MARIAH KULKIN**

**Staff Writer**



Tyler O'Shea, sophomore, posing with his long board. Staff Photos/ M. Kulkin.

Many Lynn students skateboard to class everyday instead of walking because it is quicker and more fun.

Skateboarding started more than 70 years ago and is just as popular now as it was then. It derived from surfing and became very popular. Skateboarding was first seen as a way to learn new tricks and later on it became a use of transportation.

Long boards can also be used, which are very similar to skateboards; they are little bit longer. The wheels are larger and the plank one stands on is thinner and more flexible. "I like long boarding to class every day," said Tyler O'Shea, sophomore. "It's great for when I am running late for class."

When learning how to skateboard, find a good location, a flat cement ground is best. Find a friend who knows how to skateboard and one that would be a good teacher. If needed, wear protective gear such as a helmet and elbow and knee pads. "I want to learn how to skateboard, it looks so cool," said Jordan Casserino, sophomore.

To feel comfortable on the board, place either your right or left foot on the board to see which foot should be stable on the board at all times. The unstable foot is the one that does all the pushing.

When one starts boarding, place your push off foot on the end of the board (known as the tail). The stable foot is placed on the front of the board just behind the two bolts on the tip. Once



feeling comfortable on the board, push off. When the board starts to slow down, take the back foot off the board and push off the ground to gain more speed. Repeat this whenever the board starts to slow.

After feeling comfortable just riding on the skateboard, there are many tricks that can be learned. Some of the easier tricks are things such as the “ollie” and the “pop shove.” Harder tricks are the “kickflip,” “grinding” and the “drop in.”

Skateboarding is a lot of fun, easy and quick to learn.

## SATIRE COLUMN

November 5, 2010 by [Brandon Melendez](#)  
Filed under [Columnists](#), [People](#)

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*Student is Convinced of a Halloween Tale*

**By CASEY DOLL**

**Staff Writer**



A satirical way of portraying the help that students need. Photo/C. Doll.

There are many people who sometimes like to pretend that they are other people or characters. This is usually just a harmless hobby, however it can also be taken out of proportion and lead one down the dangerous path of escapism. Jacob Balot, junior, appears to have allowed his alter ego to consume his past identity. This is what Jacob has to say about his new identity, Helper Man.

IPulse: Thank you for your time Jacob, it is much appreciated.

Jacob: No problem at all, but Jacob no longer exists. My name is Helper Man.

iP: I apologize Helper Man, please let us continue.

Helper Man: Of course Casey, I am here to help.

iP: Could you tell us about how you have come to gain your powers?

HM: It all started when I was figuring out what I wanted to be for Halloween. I found some stuff around my room and turned it into a Helper Man costume. Whenever I put it on, a great gust of wind and leaves blew through the room, even though I was inside.

(someone drops their pen, Jacob picks it up)

HM: A bolt of lightning shattered the floor with light and a voice told me that I needed to help people for as long as I wear this costume. And that was the birth of Helper Man.

iP: Who was the first person that you helped?

HM: I was on my way back to school from the store and I noticed that there was an old lady trying to cross the street. So I ran to her side and told her that I would help her by putting her out of her misery. She slapped me in the face and then died of a heart attack.

iP: Very interesting, do you ever have to hurt anyone to help someone else?

HM: Well there was this one time when I saw an ice cream truck on the corner, there was a little girl and a grown man that ran up to it. The little girl got her ice cream and the grown man was crying. I went to the grown man and asked him what was wrong. He said that the little girl got the last piece of ice cream, so I went to the little girl, pushed her down, took the ice cream, and brought it back to the grown man, who afterwards died of a heart attack.

iP: Who's the most famous person that you've helped?

HM: The most famous person that I helped was Michael Jackson. I came into his house and he was about to take the wrong amount of medication. I stopped him before he made this grievous mistake, but for some reason he died of a heart attack anyways.

iP: Thanks for the help, Helper Man.

HM: No problem Casey, that's my job.

## EASY FASHION TIPS FROM DAY TO NIGHT

November 5, 2010 by [Brandon Melendez](#)

Filed under [Fashion](#), [Lifestyle](#)

[Leave a Comment](#)

## *Take An Everyday Look and Spice it up For The Evening*

**By JENNA MURRAY**

**Staff Writer**



Example of day and night. Photos/J. Murray.

It is a busy world out there for students. Sometimes there is just no time to change a whole outfit before a night on the town. There are many easy steps to go from a day time look, to a fabulous night time look that will make jaws drop.

The first tip is to always be prepared. Although one may never know when those plans will come, having a starter kit ready will always come in handy. One may have a day bag that is brought to every class, but to be prepared, throw in a small clutch, and go from day time laptop bag to festive clutch.

Hair is an important part of a look. If ones hair has been up all day, throw it down and give it a shake. Teasing hair can be a must. After a long day of classes, hair can get flat but the more body the better. If dealing with frizzy or creased hair, a low bun to the side is a classic look.

When it comes to shoes, throw on a pair of cute heels and dance the night away. Shoes can easily take one from a day to night look in a matter of seconds. Heels exude ones femininity and elegance of a look. It is a small change, with massive improvement.

The beauty aspect of spicing up that day time look can be as easy as 1, 2, 3. A red lip is nothing short of getting one noticed. It screams power and draws the eye right to those voluptuous lips. A smoky eye can also be done fast. Adding another coat of mascara and black eyeliner can really change the look.

“It’s really easy,” said Kelsey Cesar, sophomore. “I hate being in a rush to go out and having to go through my closet and figuring out what to wear. I’d rather just change my shoes and makeup and be out the door.”

“My number one rule is to be comfortable in whatever you’re wearing,” said Deborah Nabosse, sophomore. “Confidence helps with whatever you’re wearing day or night.”

There is no need to stress about going out after class or even after work. Follow these simple guidelines, the stress will be eliminated and the night will be in full force.

# RELAY FOR LIFE KICKOFF

November 4, 2010 by [Brandon Melendez](#)

Filed under [Campus](#), [Featured](#)

[Leave a Comment](#)

*Bringing the Community Together to Fight Cancer One Student at a Time*

**By Jessica Covert**

**Staff Writer**



Gifts for this years Relay For Life event which is entitled "I Love to Relay." Staff Photo/ J. Covert.

Relay For Life is an all night event held yearly on campus, and all around the world, to raise money and bring awareness to cancer. Money is raised to find a cure as well as to assist those who are fighting the battle.

“The kick off is a great way to bring the Relay community together, and start the Relay season,” says Renee Lanteigne, graduate student. “We may only be students, but that doesn’t mean that we can’t make a difference and one day win the battle against cancer.”

During this year’s kickoff party on campus, the attendees played a game of “I Love The 90’s.” When someone knew the answer to a trivia question, they held up “Relay For Life” flags.

Raffles were also held, and Relay For Life themed prizes were given to the winners. Stories of those who have battled cancer were told during the night, and for one particular Lynn student, Relay is a cause that is very close to his heart. “Relay means a lot to me,” said Josh Lentin, senior. “Especially being a survivor, and having people close to me that have had cancer. I will do whatever it takes to help out in the fight to find a cure for cancer.”

Cancer is a disease that touches the lives of millions every year, so Relay For Life is a way for those who have survived to celebrate and share their story, as well as to remember those who have been taken by the disease. “Relay For Life is an event for a cause that is very important to so many people around the world,” said Ryan Brooks, senior. “It is amazing to discover how many lives cancer affects, but it is time for a change. We want to be a part of that change.”

Everyone has their individual story of how cancer has affected their lives, but holding a Relay For Life event is a step in the right direction to stop cancer in its tracks for good.

## A SHINING STAR FOR ALL TO SEE

November 4, 2010 by [Brandon Melendez](#)

Filed under [Campus](#), [People](#)

[Leave a Comment](#)

*Taryn Hamill Sits Down and Discusses her Time at Lynn as an Employee*

**By Matthew Fischer**

**Staff Writer**

Once a student, Taryn Alexis Hamill was the cream of the crop from her class. Now, she is a star, rising through the ranks of the Admissions department. While she was a student here, Hamill was the leader of several organizations, including KAT (Knights Activity Team) and the sorority, Sigma Sigma Sigma. Now as a member of the Admissions team, she gets to travel the country, looking for prospective students to join the university. The iPulse recently asked Hamill some questions.

iPulse: How have you been enjoying it here at Lynn as a staff member so far?

Hamill: I love it.

i: Do you miss being a student?

H: Of course, that is why I never left. Who wouldn't miss this place?

i: What has your experience been like traveling the country? Do you get to ride the school's private jet?

H: If we had one I'd ride it. I love it. It comes naturally to me. I love traveling and it can get lonely in those hotel rooms, but meeting students, makes up for it.

i: You instituted many things in terms of the Knights Activity Team. Have you been excited by anything since you relinquished the presidency?

H: Zack did a great job instituting new programs and Ronnie has managed to get a whole different crowd with different ideas involved.

i: What was your favorite course while a student?

H: Public speaking. I was so terrible at it at the beginning. Ask Joey McNamara and he will confirm it.

i: If you had one word for a potential student looking to be employed by the university, what would that word be?

H: Exceed

i: If you had one person to live with on an island that was totally stocked with food for the rest of your life, who would that be and why?

H: Megan Neumann, because we would survive well together. She makes me laugh.

## A FUN-FILLED FOUNDER'S DAY

November 3, 2010 by [Brandon Melendez](#)

Filed under [Campus](#), [Featured](#)

[Leave a Comment](#)

*One of the Most Anticipated Days on Campus is Finally Here*

**By JENNIFER RODRIGUES**

**Staff Writer**



The Lynn community gather lakeside for fun and competitive activities. Photos/M. Slavin.

Today marks Lynn University's sixth annual Founder's Day, a great celebration to bring the community together.

This event has only been celebrated for six years, but has quickly become a beloved tradition on campus. There are events all day, starting at noon with the canoe race in the lake next to Lynn Residence Hall. The race begins after President Ross's welcome address at 11:45 a.m. Teams have been signing up through the Office of Student Involvement for the past week. There are three categories of competition in this year's event. The first is a basic two-person speed race; the second is best costume or team apparel throughout the races.



The final competition is called “anything that floats.” In this competition, teams of two will have to build their own vessel out of given materials to compete with in a race and they must stay afloat the whole time. None of the items provided will be a boat, so watching the creative designs as they attempt to sail across the lake will be interesting for all.

From 4:30 p.m. to 7 p.m., there will be the annual Founder’s Day Picnic and Festival. Students are encouraged to join faculty and staff for a barbecue dinner on the Schmidt Center Lawn, across from the Green Center. In addition to barbecue and music, there will be activities to enjoy such as games and novelties. There is no additional cost for any of these events.

In addition to the usual fun and games, this year’s Founder’s Day will feature the annual Golf Cart Parade. The event was typically a part of Parents and Families weekend, but this year it will occur during the picnic. Clubs and organizations will work to have the best designed “parade float.” The organization’s floats will be judged by members of the crowd.

Founder’s Day only comes once a year, so do not miss it.

## THE NEWEST TEAM PLAYER IN OSI

November 3, 2010 by [Brandon Melendez](#)

Filed under [Campus](#), [People](#)

[Leave a Comment](#)

*Jason Bosch Brings Even More Fun to the Office of Student Involvement*

**By MATT FISCHER**

**Staff Writer**

This year, Lynn welcomed the newest addition to the Office of Student Involvement. Hailing from Kansas, Jason Bosch has come to Lynn looking for new and exciting programs that will allow the students to have fun and learn. Bosch has a love of reading and inside his office one will find a line of books stretched across the top of his desk.

iPulse: Why did you choose Lynn?

Bosch: The position, and I really wanted to work with the leadership here at Lynn.

i: How is Boca Raton different than Kansas?

B: The humidity.

i: What made you want to work in student life?

B: The program and I wanted to help make students effective leaders.

i: You like reading. What do you think makes a good book?

B: A good book is something that teaches something new.

i: What event have you enjoyed the most on campus so far this year?

B: I really enjoyed Michael Ian Black.

i: What events are you most excited about coming up this year?

B: I'm really excited for Dave Coulier.

i: If you had one word to describe Lynn University, what would it be?

B: Multicultural

i: If you had one person to live with on an island that was totally stocked with food, a home, books and television for the rest of your life, who would that be and why?

B: The Dalai Lama. He is very wise.

i: Lets play free word association for a second: Annie Weaver.

B: Bubbly

i: Joey McNamara.

B: Introspective

i: KAT.

B: Programming

i: Madonna.

B: Diva

i: LOST.

B: Confusing.

i: Books.

B: Leadership.

# The Counts Are In

November 3, 2010 by [Webmaster](#)

Filed under [Featured](#), [Politics](#)

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*South Florida Residents Make Their Voices Heard This Election Season*



The highly anticipated 2010 elections have come to summation with many finding themselves waking victorious and others with discontent. One of the more prominent races, which Lynn had a vested interest in following after hosting a heated debate on campus, was that of the congressional race between Ron Klein and Allen West. As the count came in on the eve of November 2, evidence of dissatisfaction with a Democratic-controlled Congress was seen in South Florida. Although the district is considered evenly split between Democrats and Republicans as well as hosting a large independent representation, the race was far from a close one. Republican Allen West took an early lead and was declared the victor prior to midnight. The charismatic disposition and persuasive speaking style of Allen West, which the Lynn community witnessed during their hosted debate, many consider to be the key to his success. West's supporters, activists and fellow tea party members echoed a "time for change."



West thanks supporters for victory. Stock Photos.

Be sure to keep a look out for Friday's special election edition of the iPulse for further information regarding the races and the Lynn community's involvement.

### **Additional Race Information**

#### **16TH DISTRICT**

U.S. Rep. Tom Rooney, R- Tequesta, was on his way to a second term, leading Democrat Jim Horn, of Palm City, an entrepreneur and consultant.

#### **17TH DISTRICT**

State Sen. Frederica Wilson, D-Miami, defeated no party affiliation hopeful Roderick D. Vereen, of Miami. The seat was vacated by U.S. Rep. Kendrick Meek, D-Miami, so he could run for U.S. Senate.

#### **19TH DISTRICT**

U.S. Rep. Ted Deutch, D- Boca Raton, defeated Republican Joe Budd, a financial adviser from Palm Beach County. Deutch won a special election in April to fill the seat left vacant when former U.S. Rep. Robert Wexler resigned to take over a center devoted to Middle East peace.

#### **20TH DISTRICT**

U.S. Rep. Debbie Wasserman Schultz, won a fourth term in Congress, defeating three challengers, Stanley Blumenthal, of Sunrise, a no party affiliation candidate and self-described "independent socialist;" Republican Karen Harrington, owner of Rickey's Restaurant and Lounge; and Bob Kunst, of Miami Beach, a perennial candidate, former gay rights activist and current activist on behalf of Israel.

#### **23RD DISTRICT**

U.S. Rep. Alcee Hastings, D- Miramar, won a 10th term. He was leading Republican Bernard Sansaricq, of Pembroke Pines, who was president of the Haitian Senate in 1994.

*(Additional race information provided by Sun-Sentinel)*

# CALIFORNIA CUISINE FOR BOCA

November 2, 2010 by [Brandon Melendez](#)

Filed under [Best of Boca](#), [Food](#)

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*Boca Gets a Taste of California Mexican Cuisine at the New Baja Cafe*

**By DESTINY GOLDEN**

**Staff Writer**



Some of Baja's delicious food. Photo/ D. Golden.

With its low cost and close proximity in Boca Raton, Baja Café suits the needs of students on a budget.

Tucked away in a corner off NE. 2nd and 1st AVE., Baja is a humble dining establishment whose food speaks for itself.

Baja Café is a restaurant that specializes in California Mexican cuisine. As their Web site states they have “The best California food in South Florida.”

The walls inside Baja Café are painted bold yellows and reds. From the walls hang knick-knacks and Mexican photographs while hammocks and balloon piñatas dangle from the ceiling. With Spanish music playing in the background, Baja Café is a fun and exciting place to go with friends. Waiter Mark Moymihan loves working there. “It’s easy and fun,” he said.

Baja Cafe offers something for every kind of attendee with so many selections. The menu includes burritos, asadas, fajitas, salads, appetizers and vegetarian dishes. Neskati Petit, junior, said, “There seems to be a lot of variety.”

Warm tortilla chips and fresh salsa are the first offerings at Baja Café. The tortilla chips come in multiple colors and are lightly salted while the salsa is rich and full of flavor. All the ingredients in the salsa marry well together and leave behind a tiny kick of heat.

Their house special is a Mexican stew of beef and onions slow simmered with tomatillo sauce and other authentic Mexican ingredients. This dish is full of flavor and served with rice, refried beans and pico de gallo.

Baja Café is an entertaining and low cost escape from college life.

## VIEWS FROM L.U. KNIGHTS

November 2, 2010 by [Brandon Melendez](#)

Filed under [People](#), [Politics](#)

[Leave a Comment](#)

*An Insight on the Midterm Elections From Lynn Students*

**By ROBERT NOBREGA**

**Staff Writer**



Anna Fischer Graduate student. Photo/R.Nobrega.

With a monumental election here, the American people are left with a huge and difficult decision to make today.

This choice will help determine the future of this country for at least the next two years. Last week, I ventured around the campus to seek the campus's opinion on the midterm elections:

"I think the Republicans will take back the house," said James Boris, senior.

"I believe whether we like it or not, the Tea Party is going to greatly influence the election," said Rick Freebery, junior

"Obama is facing a similar challenge that Clinton faced in 1994," said Arron Michelson, junior

"Angry against the incumbents will really turn out a lot of voters in November," said Ben Vines, junior

"Without the November elections, there will be no change in the way this country is governed," said Anna Fischer, graduate student.

## MODEL STUDENT UNITED NATIONS

November 2, 2010 by [Brandon Melendez](#)

Filed under [Featured](#), [Politics](#)

[Leave a Comment](#)

*Student Diplomatic Teams Gather Together to Address the Global Water Crisis*

**By ARIANNA SHAFFER**

## Staff Writer



Students representing different countries discuss solutions to global issues. Staff Photo/A.Shaffer.

Lynn University held its sixth annual Model United Nations conference in the Green Center. This simulation of the UN General Assembly showcased one of the many ways students actively engage in multicultural dynamics with their Lynn educational atmosphere.

“The Model United Nations is basically for developed countries to come together and try to work together to fix global issues,” said Luis Simo, sophomore and president of the Model UN.

“This gives students the opportunity to be able to actively take part and develop adequate resolutions on ways in which the current global crisis can be resolved,” said Ellen Chambers, sophomore.

The Model UN has become a worldwide academic simulation for students to participate in an educational environment to gain diplomatic skills, knowledge about other countries and their foreign policies. The simulation discusses key issues happening around the world where the students learn how to cooperate with one another and within their teams in order to solve global problems and come up with better solutions.

“This conference was mainly a reflection of what is happening around the world with respects to water security, which is the main focus of the topic,” said Chambers. “The goal is to raise awareness about water issues in each country represented.”

Water is drying up due to global warming, and water is being contaminated due to pollution from emissions. Humans need water in order to survive and it is essentially a basic human right. However, 2.6 billion people in the world today do not even have access to water. Not only is having water is a human right, but having clean water is extremely essential. Each year 1.6 million children die from unsanitary water. Unsanitary water has lead to waterborne diseases such as Cholera and diarrhea.



“Purification of water should be a first priority for each country,” said a Lynn student who represented the country of Lebanon. “Also, it is extremely important that there is more education about clean water.”

Students in the conference discussed that the development of a global action plan was needed in order for good clean water. Other resolutions that were discussed by students were ideas such as creating a water sharing treaty, using international money as a first priority for water and laws for every country to provide clean water and enforce no pollution.

# JUMPING LIKE A JOEY KATIE VS. KANGAROOS

November 1, 2010 by [Nisa Martinez](#)  
Filed under [Campus](#), [Featured](#)

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*Join Katie as She Takes Us On a Trip Down Under*

**By Joshua Gordon**

**Contributing Writer**

Katie Comerford is a striving student who likes to experience new things and loves traveling. Comerford went to Australia and studied at Macquarie University. This program was part of AIFS, which stands for American Institute of Foreign Study, and consisted of 60 people.



Comerford gets friendly with some kangaroos.

“This school was huge and had more than 31,000 students,” she said. “The class sizes were up to 200 to 300 people and lasted up to two hours of lecture a week.” Each student had to take a lecture with a graduate student for an additional hour, with up to 20 students within a classroom.

During the duration of Comerford's stay in Sydney, she had done some traveling throughout Australia. The group had studied in Fiji for a total of 10 days and while on the adventure had some free time to experience the picturesque country. Aside from the renowned beaches, she experienced walking on a glacier, touring the Sydney Opera House, bungee jumping and skydiving.

Studying abroad is something that she highly recommends to Lynn students. On a personal note, Comerford will always remember her study trip and the beautiful country, Australia.